



## 34th PRIMARY SCHOOLS' CROSS COUNTRY CHAMPIONSHIPS

SATURDAY 20<sup>th</sup> APRIL 2024 – KIRKCALDY HIGH SCHOOL

We are delighted to be back for the 34<sup>th</sup> Primary Cross Country event. Please find below some relevant information for the day.

- 1. Parking:** Bus parking is located within the grounds of the high school. All cars should head towards the overflow car park for NHS & Victoria Hospital which is found opposite the playing fields. Additional parking can be found at Kirkcaldy Crematorium which is next to the school.
- 2. Competitors:** All competitors should report to Kirkcaldy High School, Dunniker Way, Kirkcaldy and enter through the main door. Collection of numbers and programmes will be in the main foyer, just inside the main entrance. One member of staff/ parent should take the envelope of numbers and leave their name/ number on the sheet provided. We do not hand out numbers for each individual, so please communicate this within your school. Please note that each competitor must wear the number allocated in the programme on the front of the running vest due to the numbers containing timing chips. Numbers will be displayed in the foyer. Competitors should bring their own safety pins.
- 3. Changing accommodation:** changing facilities will be available within the school however, to ease congestion, it would help if pupils came in tracksuits. No valuables are to be left in the changing areas as the SSAA cannot accept responsibility for lost property.
- 4. Supervision:** As approx. 1000 competitors will take part, the SSAA places the responsibility of supervision on the accompanying school representative and requests that every effort is made to keep the school free from litter and in a tidy condition. You are especially asked not to leave discarded numbers lying about. Please do not take glass bottles into the marshalling areas. Dogs are not allowed on the school playing fields. PACING OF ATHLETES IS FORBIDDEN.
- 5. Course:** The course (approximately 1800m long – see map) may be inspected before 12pm. **Spiked or studied shoes are not allowed** –Footwear may be checked on the day.

This year the format will change slightly and races will no longer be split based on school name. Races will be split equally by the number of entries. Please look out for further information to see what race your school is in.

The first race (Primary 6 Girls) will be called to the marshalling area at 11:55am. The other races will follow in sequence - Primary 6 Girls – Race 2; Primary 6 Boys – Race 3; Primary 6 Boys –Race 4; Primary 7 Girls – Race 5; Primary 7 Girls – Race 6; Primary 7 Boys – Race 7; Primary 7 Boys – Race 8. (Subject to change – Check updated information on the day and listen to announcements)

- 6. Assembly and Finish:** Pupils should assemble in the appropriate area behind the start line when the race is announced. Electronic timing will be used on the day. Competitors who have to retire from the race should try to ensure that the finish area is informed.
- 7. Refreshments / Toilets:** The refectory facilities at Kirkcaldy High will hopefully be open for various snacks and light meals. Toilets are located inside Kirkcaldy High. Please bring cash for the canteen.
- 8.** First Aid will be provided throughout the afternoon.
- 9. Presentation of Awards:** The presentation of trophies and medals will take next to the start / finish area. The first team in each race will receive a trophy to be retained for one year. The first three competitors in each race will receive a medal, as will the team member of each of the first three teams.



## 34th PRIMARY SCHOOLS' CROSS COUNTRY CHAMPIONSHIPS

SATURDAY 20<sup>th</sup> APRIL 2024 – KIRKCALDY HIGH SCHOOL

10. **Merchandise:** Any merchandise on sale has no association with Scottish Schools Athletics Association and we accept no responsibility on any purchases.


**SSAA reserves the right to make changes to what race each school will run in. Please check the information on the day and listen to announcements.**


### PRIMARY CROSS-COUNTRY COURSE

#### KIRKCALDY HIGH SCHOOL



 Assembly Area

 Starting Line

 Finishing Line

This diagram is for reference purposes only and is not a scaled, accurate depiction of the course