

# SSAA SECONDARY SCHOOLS' CROSS-COUNTRY CHAMPIONSHIPS

**Hopetoun House Estate – SATURDAY 3<sup>rd</sup> MARCH 2018**

The 40<sup>th</sup> Joint Cross-Country Championships will take place at Hopetoun House Estate, South Queensferry on SATURDAY 3<sup>rd</sup> March 2018.

## **EVENTS**

a)	Group D	Under 14	Girls	12.45 p.m.	3,000m
b)	Group D	Under 14	Boys	1.05 p.m.	3,000m
c)	Group C	14 – 15	Girls	1.25 p.m.	4,000m
d)	Group C	14 – 15	Boys	1.45 p.m.	4,000m
e)	Group B	15 – 17	Girls	2.05 p.m.	4,000m
f)	Group B	15 – 17	Boys	2.25 p.m.	5,000m
g)	Group A	Over 17	Girls	2.45 p.m.	4,000m
h)	Group A	Over 17	Boys	3.05 p.m.	6,000m

All distances are approximate. The order of races is accurate but the timing is only approximate.

## **AGE GROUPS**

Group D born on or after 1.1.05 (must be in Secondary School)

Group C born between 1.9.03 and 31.12.04.

Group B born between 1.9.01 and 31.8.03

Group A born on or before 31.8.01

## **ENTRIES**

All entries must be made online. On receipt of your online entry, you will be emailed confirmation and will be able to download the final instructions and a copy of the course map.

A school may enter as many runners as they wish in each category.

Entries are **£8** per runner, with a Team element on the day of the First 4 to count.

Cheques should be made payable to: 'The Scottish Schools' Athletics Association' or 'SSAA'

Cheques should be sent to: Mr M Stringer, address contained in Confirmation Pack. Schools may also pay via BACS to:

SSAA: Sort Code: 30-25-83: Acc No: 00422248

Late entries cannot be accepted. Each entry **MUST** include the name of the accompanying adult who may be asked to officiate.

## **AFFILIATION**

Schools should ensure that the affiliation fee of has been paid. It was due on 1st October 2017. Affiliation fees should be sent to Mr A W Robertson, Treasurer. Failure to do so could result in an entry being refused.

## **AWARDS**

The first three finishers in each race will receive medals as soon as race finishes. Counting members of the 1st, 2nd and 3rd teams in each race will also receive medals. The winning school in each race will receive a trophy to be kept for one year. Team awards will be presented 30 mins after results are published.

## **SIAB INTERNATIONAL**

SIAB International Cross-Country will take place at Nottingham, England on Saturday 24<sup>th</sup> March 2018  
An U20 Schools team has been invited to compete in the same event at Nottingham.

**Pupils must be entered for our Championships to be considered for selection.**

**THE CLOSING DATE FOR ENTRY IS FRIDAY 9th FEBRUARY 2018**

**Mark Stringer**  
**Convenor**