

Provisional Timetable for Wednesday 6th February 2019

Circular track

5	U16G	1500m	Heats	11.00am
6	O16G	1500m	Heats	
7	U16B	1500m	Heats	
8	O16B	1500m	Heats	
10	U16G	200m	Heats	12.50pm
12	O16G	200m	Heats	
15	U16B	200m	Heats	
17	O16B	200m	Heats	
18	U16G	1500m	Final	2.50pm
20	O16G	1500m	Final	
21	U16B	1500m	Final	
22	O16B	1500m	Final	
23	U16G	200m	Semi	3.15pm
25	O16G	200m	Semi	
26	U16B	200m	Semi	
27	O16B	200m	Semi	
28	U16G	200m	Final	4.10pm
29	O16G	200m	Final	
30	U16B	200m	Final	
31	O16B	200m	Final	

Field events

1	U16G	Pole	Vault	11.00am
2	O16G	Pole	Vault	11.00am
3	O16G	Shot	Put	11.00am
4	O16B	Triple	Jump	11.00am
9	O16B	Shot	Put	12.30pm
11	O16G	Triple	Jump	1.00pm
13	U16B	Pole	Vault	1.30pm
14	O16B	Pole	Vault	1.30pm
16	U16G	Shot	Put	2.00pm
19	U16B	Long	Jump	3.00pm
24	U16B	Shot	Put	3.30pm

All competitors Track and Field must report to Declarations at least 1 hour before event time.

Please note that Declarations will close at 2.00pm

Any athlete who does not go to Declarations will not be allowed to compete.

A Call Room schedule will be on display.

Long Jump, Triple Jump and Shot Put competitors will be expected to achieve the entry standard. Long Jump, Triple Jump and Shot Put competitors will be given 3 trials and the best 8 given a further 3 trials. On completion of an event 1st, 2nd, and 3rd placed athletes will be taken to winners' dais for medal presentation. If an event does not require heats or semi-finals the final will take place at heat time.

All times are approximate. Athletes must listen to announcements and are advised not to leave the Arena.

Timetable for Thursday 7th February 2019

Circular Track

4 U16G 300m Heats **11.00am**
6 O16G 300m Heats
8 U16B 300m Heats
10 O16B 400m Heats
14 U16G 800m Heats **12.30pm**
18 O16G 800m Heats
21 U16B 800m Heats
23 O16B 800m Heats
27 U16G 300m Semi **2.50pm**
28 O16G 300m Semi

32 O16B 400m Semi
35 U16G 800m B Final **3.40pm**
36 U16G 800m A Final
39 O16G 800m Final
40 U16B 800m B Final
41 U16B 800m A Final
42 O16B 800m B Final
43 O16B 800m A Final
48 U16G 300m Final **4.15pm**
49 O16G 300m Final
50 U16B 300m Final
51 O16B 400m Final

Straight Track

3 U16G 60m H Heats **11.00am**
5 O16G 60m H Heats
7 U16B 60m H Heats
9 O16B 60m H Heats
11 U16G 60m H Semi **12.00pm**
12 O16G 60m H Final
13 U16B 60m H Final
16 O16B 60m H Final
17 U16G 60m H Final
20 U16G 60m Heats **12.45pm**
22 O16G 60m Heats
24 U16B 60m Heats
25 O16B 60m Heats
33 U16G 60m Semi **2.20pm**
34 O16G 60m Semi
37 U16B 60m Semi
38 O16B 60m Semi
44 U16G 60m Final **3.00pm**
45 O16G 60m Final
46 U16B 60m Final
47 O16B 60m Final

Field Events

1 U16B High Jump **11.00am**
2 O16G Long Jump **11.00am**
15 U16G High Jump **12.30pm**
19 O16B Long Jump **1.00 pm**
26 O16G High Jump **2.00pm**
29 U16G Long Jump **3.00pm**
30 O16B High jump **3.00pm**

All competitors Track and Field must report to Declarations at least 1 hour before event time.

Please note that Declarations will close at 2.00pm

Any athlete who does not go to Declarations will not be allowed to compete.

A Call Room schedule will be on display.

Long Jump Competitors will be expected to achieve the entry standard. Competitors will be given 3 trials, with the best 8 being given 3 further trials.

The decision to have A and B finals in the 800m will be made once declarations have closed. Medals will only be awarded for A finalists. Please listen carefully to all announcements.

On completion of an event the 1st, 2nd and 3rd placed athletes will be taken to the winners' dais for medal presentation. If any event does not require heats or semi-finals the final will take place at heat time. All times are approximate, please listen to announcements.