

## Timetable for Wednesday 6th February 2019

### Circular track

<b>5</b>	U16G	1500m	Heats	<b>11.00am</b>
<b>6</b>	O16G	1500m	Heats	
<b>7</b>	U16B	1500m	Heats	
<b>8</b>	O16B	1500m	Heats	
<b>10</b>	U16G	200m	Heats	<b>12.50pm</b>
<b>12</b>	O16G	200m	Heats	
<b>15</b>	U16B	200m	Heats	
<b>17</b>	O16B	200m	Heats	
<b>18</b>	U16G	1500m	Final	<b>2.50pm</b>
<b>20</b>	O16G	1500m	Final	
<b>21</b>	U16B	1500m	Final	
<b>22</b>	O16B	1500m	Final	
<b>23</b>	U16G	200m	Semi	<b>3.15pm</b>
<b>25</b>	O16G	200m	Semi	
<b>26</b>	U16B	200m	Semi	
<b>27</b>	O16B	200m	Semi	
<b>28</b>	U16G	200m	Final	<b>4.10pm</b>
<b>29</b>	O16G	200m	Final	
<b>30</b>	U16B	200m	Final	
<b>31</b>	O16B	200m	Final	

### Field events

<b>1</b>	U16G	Pole	Vault	<b>11.00am</b>
<b>2</b>	O16G	Pole	Vault	<b>11.00am</b>
<b>3</b>	O16G	Shot	Put	<b>11.00am</b>
<b>4</b>	O16B	Triple	Jump	<b>11.00am</b>
<b>9</b>	O16B	Shot	Put	<b>12.30pm</b>
<b>11</b>	O16G	Triple	Jump	<b>1.00pm</b>
<b>13</b>	U16B	Pole	Vault	<b>1.30pm</b>
<b>14</b>	O16B	Pole	Vault	<b>1.30pm</b>
<b>16</b>	U16G	Shot	Put	<b>2.00pm</b>
<b>19</b>	U16B	Long	Jump	<b>3.00pm</b>
<b>24</b>	U16B	Shot	Put	<b>3.30pm</b>

**All competitors Track and Field must report to Declarations at least 1 hour before event time.**

**Please note that Declarations will close at 2.00pm**

**Any athlete who does not go to Declarations will not be allowed to compete.**

**A Call Room schedule will be on display.**

**Long Jump, Triple Jump and Shot Put competitors will be expected to achieve the entry standard. Long Jump, Triple Jump and Shot Put competitors will be given 3 trials and the best 8 given a further 3 trials. On completion of an event 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> placed athletes will be taken to winners' dais for medal presentation. If an event does not require heats or semi-finals the final will take place at heat time.**

**All times are approximate. Athletes must listen to announcements and are advised not to leave the Arena.**

## Timetable for Thursday 7th February 2019

### Circular Track

4 U16G 300m Heats **11.00am**  
6 O16G 300m Heats  
8 U16B 300m Heats  
10 O16B 400m Heats  
14 U16G 800m Heats **12.30pm**  
18 O16G 800m Heats  
21 U16B 800m Heats  
23 O16B 800m Heats  
27 U16G 300m Semi **2.50pm**  
28 O16G 300m Semi  
  
32 O16B 400m Semi  
35 U16G 800m B Final **3.40pm**  
36 U16G 800m A Final  
39 O16G 800m Final  
40 U16B 800m B Final  
41 U16B 800m A Final  
42 O16B 800m B Final  
43 O16B 800m A Final  
48 U16G 300m Final **4.15pm**  
49 O16G 300m Final  
50 U16B 300m Final  
51 O16B 400m Final

### Straight Track

3 U16G 60m H Heats **11.00am**  
5 O16G 60m H Heats  
7 U16B 60m H Heats  
9 O16B 60m H Heats  
11 U16G 60m H Semi **12.00pm**  
12 O16G 60m H Final  
13 U16B 60m H Final  
16 O16B 60m H Final  
17 U16G 60m H Final  
20 U16G 60m Heats **12.45pm**  
22 O16G 60m Heats  
24 U16B 60m Heats  
25 O16B 60m Heats  
33 U16G 60m Semi **2.20pm**  
34 O16G 60m Semi  
37 U16B 60m Semi  
38 O16B 60m Semi  
44 U16G 60m Final **3.00pm**  
45 O16G 60m Final  
46 U16B 60m Final  
47 O16B 60m Final

### Field Events

1 U16B High Jump **11.00am**  
2 O16G Long Jump **11.00am**  
15 U16G High Jump **12.30pm**  
19 O16B Long Jump **1.00 pm**  
26 O16G High Jump **2.00pm**  
29 U16G Long Jump **3.00pm**  
30 O16B High jump **3.00pm**

**All competitors Track and Field must report to Declarations at least 1 hour before event time.**

**Please note that Declarations will close at 2.00pm**

**Any athlete who does not go to Declarations will not be allowed to compete.**

**A Call Room schedule will be on display.**

**Long Jump Competitors will be expected to achieve the entry standard. Competitors will be given 3 trials, with the best 8 being given 3 further trials.**

**The decision to have A and B finals in the 800m will be made once declarations have closed. Medals will only be awarded for A finalists. Please listen carefully to all announcements.**

**On completion of an event the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placed athletes will be taken to the winners' dais for medal presentation. If any event does not require heats or semi-finals the final will take place at heat time. All times are approximate, please listen to announcements.**