



The Scottish Schools' Athletic Association

The 28th Joint Boys & Girls Secondary T&F Championships
Grangemouth Stadium.

Friday 13th June at 10:00am and Saturday 14th June at 10:00am
& Saturday 7th June

Entry can only be made online. See separate sheet for full instructions. The closing date for entry is Wednesday 21st May 2025. Only online entry will be accepted, and **no late entries are possible.**

Age Groups There are no events for D Group (U'13) this year. These pupils are encouraged to enter the multi-event on the 7th June. Quad: 75m, Long Jump, Shot Put, 600m. Closing date for this is 14th May.

All age groups are taken as of 31st August 2025
Group A – U'20; Group B – U'17; Group C – U'15 (minimum age is 13 by 31st August 2025)
Pupils must be in Secondary school. **Pupils must compete in their age group.**

Schools may only enter a maximum of two competitors in any event per age group. The FULL NAME, Personal Best Performance (P.B.) and Date of Birth (D.O.B.) must be accurate.

C Group

- **Can only enter and compete in 2 events over the Championship. This includes the Hammer event on Saturday 7th June as well as Friday 13th & Saturday 14th.**
- Maximum events on any one day is 2. In addition, **no pupil may compete in two events of 300m and over on the same day.**
- **Heats for 800m & 1500m will be held on Friday 13th with Finals on Saturday 14th to comply with UKA regulations for athletes in U'15 age group**
- **There is no 200m for Group C**
- There is no Triple Jump for group C

A & B Groups

- **A&B group are allowed to enter and take part in 3 events over the Championships. This includes Hammer & Steeplechase events which will take place on Saturday 7th June**
- Maximum events on any one day is 2. In addition, **no pupil may compete in two events of 300m/400m and over on one day.**
- **All 3K events will take place on Saturday 14th June. This means that these athletes cannot take part in more than 1 event from 3000m, 800m, 300/400m**

Entering

It is imperative that schools are especially careful in filling in dates of birth, because if dates of birth are inaccurate, then the athlete could miss his/her event by arriving on the Saturday, only to find that the event took place on the Friday. It is also very important that athletes are entered in the correct event. e.g. an athlete could be entered for Triple Jump but was expected to be entered for the Long Jump and could subsequently come on the wrong day.

All entrants shall be deemed to have made themselves familiar with and agree to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of the competition, whether or not the entrant is a citizen of, or resident in, the UK. There will be a tick box on the entry page for the member of staff to agree to ensure the rules are understood.

The UKAD document can be found on the SSAA website. ssaa.co.uk and click on the **Information tab**.

A list of events for both days is included.

Please note that:

ALL Hammer events for boys & girls plus Group A & B Steeplechase events for boys & girls will take place on Saturday 7th June during the Pentathlon Championships.

Timetable for this will be notified to competing athletes asap.

Once you have entered online, you will receive confirmation detailing your entries and methods of payment.

Entry Fees for 2025 are £10.00 per athlete per event - i.e. an athlete entered for 100m, 200m and Long Jump will be charged £30:00, not £10:00.

- The event entry cost is an **ENTRY FEE** and must be paid for each athlete entered, whether they compete on the day or not.
- **No entries will be considered after the online entry system closes for an event.**
- When confirmation of entry detail is received, it **must** be confirmed as requested.

Payments should only be made once confirmation of entries has been received along with your invoice and payment slip.

Please note there will be no refunds should a competitor withdraw after the official closing date

On the entry form, you will be asked to identify two adults

Accompanying Adult

In case of emergencies, it is essential that every athlete taking part in the championships is accompanied by an adult who has their contact details and is aware of any medical issues.

School Duty

All schools will be given a duty. This is essential to ensure that the championships operate efficiently and safely. Please complete this section of the form to assist with your school being allocated a duty which is suitable in both preference and time for the person who is identified.

Neither of these adults need to be a member of school staff

QUALIFYING STANDARDS

On one of the enclosed sheets will be found a list of qualifying standards for 2025.

Each competitor should have reached and preferably have surpassed the standard for the event before he or she is entered.

Competitors must demonstrate a competence in their event to be allowed to compete.

Starting Heights

High Jump

Boys A&B 1m60 Boys C 1m40

Girls A&B 1m35 Girls C 1m30

Pole Vault

Boys A 2m40 Boys B 2m30 Boys C 2m10

Girls A& B 2m20 Girls C 2m00