



# The Scottish Schools' Athletic Association

Notes on  
The Twenty-fourth  
Joint Boys & Girls Secondary T&F Championships  
Grangemouth Stadium  
Friday 7<sup>th</sup> June at 11:00am and Saturday 8<sup>th</sup> June at 10:00am  
& Saturday 1st June

Entry can only be made online. See separate sheet for full instructions. The closing date for entry is Friday 10<sup>th</sup> May 2019. Only online entry will be accepted and no late entries are possible.

**Age Groups** All age groups are taken as at 31<sup>st</sup> August/1st September 2019  
Group A – U'20; Group B – U/17; Group C – U/15; Group D - U/14.  
Pupils must be in Secondary school. **Pupils must compete in their age group.**

**Schools may only enter a maximum of two competitors in any event per age group**  
**The FULL NAME, Personal Best Performance (P.B.) and Date of Birth (D.O.B.) must be accurate**

## Notes:

### D Group

- **Can only enter and compete in 2 events over the Championship. This includes the Hammer event on Saturday 1<sup>st</sup> June as well as Friday 7<sup>th</sup> & Saturday 8<sup>th</sup>**
- Maximum events on any 1 day is 2. NB. **D group cannot take part in more than 1 race of 800m and above on same day**
- 800m & 1500m Heats for Boys & Girls will take place on Friday 7<sup>th</sup> with Finals on Saturday 8<sup>th</sup>. This means that Group D cannot participate in both of these events.
- There is no Triple Jump for group D

### C Group

- **Can only enter and compete in 2 events over the Championship. This includes the Hammer event on Saturday 1<sup>st</sup> June as well as Friday 7<sup>th</sup> & Saturday 8<sup>th</sup>**
- Maximum events on any one day is 2. In addition, **No pupil may compete in two events of 300m/400m and over on one day.**
- There is no 300m hurdle event for group C
- There is no Triple Jump for group C

## A & B Groups

- **A&B group are allowed to enter and take part in 3 events over the Championships. This includes events taking place on Saturday 1<sup>st</sup> June**
- Maximum events on any one day is 2. In addition, **No pupil may compete in two events of 300m/400m and over on one day.**
- **All Steeplechase events will take place at the Pentathlon Championships on Saturday 1<sup>st</sup> June.**  
NB. These events are still part of the T&F Championships and will count as one of 3 allowed events
- **All 3K events will take place on Friday 7<sup>th</sup> June. This means that these athletes cannot take part in both the 3K & 1500m.**

## Entering

It is imperative that schools are especially careful in filling in dates of birth, because if dates of birth are inaccurate, then the athlete could miss his/her event by arriving on the Saturday, only to find that the event took place on the Friday. It is also very important that athletes are entered in the correct event. e.g. an athlete could be entered for Triple Jump but was expected to be entered for the Long Jump and could subsequently come on the wrong day.

A list of events for both days is included.

Please note that :

Group C&D Hammer events for boys & girls

Group A & B Steeplechase events for boys & girls

**will take place on Saturday 1<sup>st</sup> June during the Pentathlon Championships.**

**Timetable for this will be notified to competing athletes asap.**

Once you have entered online, you will receive an invoice detailing your entries and methods of payment.

**Entry Fees for 2019 are £8.00 per athlete per event - i.e. an athlete entered for 100m, 200m and Long Jump will be charged £24:00, not £8:00.**

**Payments should only be made once confirmation of entries has been received along with your invoice and payment slip.**

**On the entry form, you will be asked to identify two adults**

## Accompanying Adult

In case of emergencies, it is essential that every athlete taking part in the championships is accompanied by an adult who has their contact details.

## School Duty

**All schools will be given a duty.** This is essential to ensure that the championships operate efficiently and safely. Please complete this section of the form to assist with your school being allocated a duty which is suitable in both preference and time for the person who is identified.

**Neither of these adults need to be a member of school staff**

## QUALIFYING STANDARDS

On one of the enclosed sheets will be found a list of qualifying standards for 2019.

**Each competitor should have reached and preferably have surpassed the standard for the event before he or she is entered.**

**Competitors must demonstrate a competence in their event to be allowed to compete.**

## Starting Heights

### High Jump

Boys A&B 1m60

Girls A&B 1m35

Boys C 1m40

Girls C 1m30

Boys D 1m30

Girls D 1m20

### Pole Vault

Boys A 2m40

Girls A&B 2m20

Boys B 2m30

Girls C&D 2m00

Boys C 2m10

Boys D 2m00