



# The Scottish Schools' Athletic Association

Notes on  
The Twenty-second  
Joint Boys & Girls Secondary T&F Championships  
Grangemouth Stadium  
Friday 8<sup>th</sup> June at 11:00am and Saturday 9<sup>th</sup> June at 10:00am  
& Saturday 2<sup>nd</sup> June

Entry can only be made online. See separate sheet for full instructions. The closing date for entry is Wednesday 16th May 2018. Only online entry will be accepted and no late entries are possible. The Convener is Janice Hendrie

**Age Groups** All age groups are taken as at 31<sup>st</sup> August/1st September 2018  
Group A – U'20; Group B – U/17; Group C – U/15; Group D - U/14.  
Pupils must be in Secondary school.

**Schools may only enter a maximum of two competitors in any event per age group**  
**The FULL NAME, Personal Best Performance (P.B.) and Date of Birth (D.O.B.) must be accurate**

**There are some changes to the programme.**

## D Group

- **Can only enter and compete in 2 events over the Championship. This includes the Hammer event on Saturday 2<sup>nd</sup> June as well as Friday 8<sup>th</sup> & Saturday 9<sup>th</sup>**
- Maximum events on any 1 day is 2. NB. **D group cannot take part in more than 1 race of 800m and above on same day**
- 800m & 1500m Heats for Boys & Girls will take place on Friday 8<sup>th</sup> with Finals on Saturday 9<sup>th</sup>. This means that Group D cannot participate in both of these events.
- There is no Triple Jump for group D

## C Group

- **Can only enter and compete in 2 events over the Championship. This includes the Hammer event on Saturday 2<sup>nd</sup> June as well as Friday 8<sup>th</sup> & Saturday 9<sup>th</sup>**
- Maximum events on any one day is 2. In addition, **No pupil may compete in two events of 300m/400m and over on one day.**
- There is no 300m hurdle event for group C
- There is no Triple Jump for group C

## A & B Groups

- **A.Group are now referred to as U'20. All technical implements (weights + heights) will be in accordance with those set for U'20 under UKA rules**
- **A&B group are allowed to enter and take part in 3 events over the Championships. This includes events taking place on Saturday 2<sup>nd</sup> June**
- Maximum events on any one day is 2. In addition, **No pupil may compete in two events of 300m/400m and over on one day.**
- **All Steeplechase events will take place at the Pentathlon Championships on Saturday 2<sup>rd</sup> June.**  
NB. These events are still part of the T&F Championships and will count as one of 3 allowed events
- Group A Boys will compete in a 3K event instead of the 5K.
- All 3K events will take place on Friday 9<sup>th</sup> June. This means that these athletes cannot take part in both the 3K & 1500m.

## Entering

It is imperative that schools are especially careful in filling in dates of birth, because if dates of birth are inaccurate, then the athlete could miss his/her event by arriving on the Saturday, only to find that the event took place on the Friday. It is also very important that athletes are entered in the correct event. e.g. an athlete could be entered for Triple Jump but was expected to be entered for the Long Jump and could subsequently come on the wrong day.

A list of events for both days is included.

Please note that :

Group C&D Hammer events for boys & girls

Group A & B Steeplechase events for boys & girls

**will take place on Saturday 2<sup>nd</sup> June during the Pentathlon Championships.**

**Timetable for this will be notified to competing athletes asap.**

Once you have entered online, you will receive an invoice detailing your entries and methods of payment.

**Entry Fees for 2018 are £8.00 per athlete per event - i.e. an athlete entered for 100m, 200m and Long Jump will be charged £24:00, not £8:00.**

Payments by cheques payable to SSAA, should be sent to Janice Hendrie, with a copy of the invoice **no later than 16th May.**

**Those paying by Bacs should also send a copy of their invoice to Janice Hendrie no later than 16<sup>th</sup> May.**

**On the entry form, you will be asked to identify two adults**

**Accompanying Adult**

In case of emergencies, it is essential that every athlete taking part in the championships is accompanied by an adult who has their contact details.

**School Duty**

**All schools will be given a duty.** This is essential to ensure that the championships operate efficiently and safely. Please complete this section of the form to assist with your school being allocated a duty which is suitable in both preference and time for the person who is identified.

**Neither of these adults need to be a member of school staff**

QUALIFYING STANDARDS

On one of the enclosed sheets will be found a list of qualifying standards for 2018.

**Each competitor should have reached and preferably have surpassed the standard for the event before he or she is entered.**

**Competitors must demonstrate a competence in their event to be allowed to compete.**

**Starting Heights**

High Jump

Boys A&B 1m60

Girls A&B 1m35

Boys C 1m40

Girls C 1m30

Boys D 1m30

Girls D 1m20

Pole Vault

Boys A 2m40

Girls A&B 2m20

Boys B

2m30

Girls C&D

2m00

Boys C 2m10

Boys D 2m00

SSAA medals will be presented to the 1st, 2nd and 3rd placed athletes in each event. Standard badges will be awarded to all pupils who equal or better the badge standard. Please inform your athletes that the responsibility of collecting a standard badge is theirs and that they should collect it as soon as possible after their event is completed.

**SCHOOLS' TRACK AND FIELD INTERNATIONAL The 2018 SIAB**

International will take place on 21<sup>st</sup> July in Grangemouth, Scotland .

The 1st, 2nd and 3rd placed athletes in Group B (U/17) will be asked to fill in availability forms, although only two athletes per event will be selected.

Saturday 2nd June 2018 (during Pentathlon Championships)

<u>Boys D</u>	<u>Boys C</u>	<u>Boys B</u>	<u>Boys A</u>
Hammer	Hammer	1500m S/C	2000m S/C
<u>Girls D</u>	<u>Girls C</u>	<u>Girls B</u>	<u>Girls A</u>
Hammer	Hammer	1500m S/C	1500m S/C

Friday 8th June 2018

<u>Boys D</u>	<u>Boys C</u>	<u>Boys B</u>	<u>Boys A</u>
200m	200m	100m	100m
800m Heats	800m	100m Hurdles	110m Hurdles
1500m Heats	LJ	400m	400m
PV	PV	1500m	1500m
<b>SP</b>	SP	3000m	<b>3000m</b>
<b>DT</b>		HJ	LJ
		TJ	DT
		JT	HT
		HT	

<u>Girls D</u>	<u>Girls C</u>	<u>Girls B</u>	<u>Girls A</u>
200m	200m	80m Hurdles	100m Hurdles
800m Heats	800m	100m	100m
1500m heats	HJ	300m	400m
HJ	LJ	1500m	1500m
PV	PV	3000m	3000m
SP	JT	PV	LJ
		SP	PV
		JT	SP
		HT	JT
			HT

Saturday 9th June 2018

<u>Boys D</u>	<u>Boys C</u>	<u>Boys B</u>	<u>Boys A</u>
80m Hurdles	80m Hurdles	200m	200m
100m	100m	400m Hurdles	400m Hurdles
800m Final	300m	800m	800m
1500m Final	1500m	LJ	HJ
HJ	HJ	PV	TJ
LJ	JT	SP	PV
JT	DT	<b>DT</b>	JT
			<b>SP</b>

Girls D

75m Hurdles  
100m  
800m Final  
1500m Final  
LJ  
DT  
JT

Girls C

75m Hurdles  
100m  
300m  
1500m  
SP  
DT

Girls B

200m  
300m Hurdles  
800m  
HJ  
LJ  
TJ  
DT

Girls A

200m  
400m Hurdles  
800m  
HJ  
TJ  
DT