

## General Risk Assessment for Scottish Schools Road Race

**Service -** Education and Children's Services     
 **Risk Assessors** Sandra Hardacre  
**Name/position -** Convenor SSAA  
 Road Races     
**Date of Assessment -** 23<sup>rd</sup> August 2024

**Description of Activity -** Scottish Schools Road Race Championships for P6 – S6 pupils taking place in Pittencrieff Park, Dunfermline on Wednesday, 2<sup>nd</sup> October from 9 – 4 p.m. Pupils will run a route of approximately 1.6 Km to 5 Km (map available at the park on the day)

<b>Approved by Name/position -</b>	Margaret McNally SSAA Secretary	<b>Date Approved -</b>	23 <sup>rd</sup> August 2024	<b>Review Date -</b>	August 2025
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<b>Ref No</b>	<b>Hazard / Harm</b>	<b>Persons at Risk</b>	<b>Existing Controls</b>	<b>Further Controls Required</b>	<b>Person to Action Control</b>
1	Slips, trips & falls (Sprains, strains, cuts, bruises and broken bones.)	Young Person Marshal Staff	<ul style="list-style-type: none"> <li>• Appropriate footwear to be worn, trainers for participants, trainers or sturdy shoes for marshals.</li> <li>• Teacher/Official to walk round route prior to event to check route if necessary.</li> <li>• Care needs to be taken on rough, uneven ground, mud and other slippery surfaces, trees including</li> </ul>	Pre-check the route on the day of the event. Change route if required.	School staff/parents  Marshals

## General Risk Assessment for Scottish Schools Road Race

			routes and branches, water hazards including puddles.		
2	Running Route - Uneven ground, potholes, slippery ground, mud, debris, Visibility.	Young Person	<ul style="list-style-type: none"> <li>Route is a known route to the course staff and marshals and is suitable for the participants.</li> <li>Participants forewarned of route obstacles.</li> </ul>		Convenor  Course Director
3	Getting lost/Reported Missing	Young Person	<ul style="list-style-type: none"> <li>Pupils remain in vicinity of course at all times.</li> <li>All participants to be briefed on the course and the procedure to follow if they get lost.</li> <li>Course to be clearly marked with coloured tape.</li> <li>Marshals to be placed at certain points around the course and at any track junctions.</li> <li>Map of course available</li> </ul>		Convenor  Course Director  Schools Staff  Marshals
4	Collision – pupils (Sprains, strains, cuts, bruises and broken bones.)	Young Person	<ul style="list-style-type: none"> <li>Pupils instructed to ensure sufficient space is available before passing other pupils.</li> <li>All removeable obstacles removed from course.</li> <li>Pupils briefed.</li> </ul>		Marshals
5	Injury or illness whilst running - (Strains, sprains, cuts, bruises and broken bones)	Young Person	<ul style="list-style-type: none"> <li>Pupils to be given clear instruction on the activity.</li> <li>Pupils undertake warm up exercise prior to activity.</li> <li>Activity lasts for no more than 20 minutes.</li> <li>First aider(s) and first aid equipment to be present at the Park.</li> <li>Medical/health conditions and needs of pupils known.</li> </ul>	Ensure there is familiarity with local NHS Emergency Department availability	SSAA Officials  Convenor  Course Director  Schools Staff

## General Risk Assessment for Scottish Schools Road Race

			<ul style="list-style-type: none"> <li>• Ensure medication is carried by participants where appropriate.</li> </ul>		
6	Over competitiveness of pupils (Strains, sprains, cuts, bruises and broken bones)	Young Person	<ul style="list-style-type: none"> <li>• Pupils briefed on the code of conduct and aim of event.</li> </ul>		School Staff
7	Unsupervised pupils	Young Person	<ul style="list-style-type: none"> <li>• Adult to pupil ratio does not exceed 1:16.</li> </ul>		School Staff
8	Wearing of clothing and personal effects (jewellery) (Cuts and bruises, jewellery catching and causing injury.)	Young Person	<ul style="list-style-type: none"> <li>• Participating Schools clearly identify what suitable clothing is to be worn on Raceday.</li> <li>• Clothing should suit the conditions.</li> <li>• All surplus clothing to be left in a safe area not to cause a hazard.</li> </ul>		School Staff
9	Dehydration	Young Person	<ul style="list-style-type: none"> <li>• Schools have encouraged pupils to bring a bottle of water</li> </ul>		School Staff
10	Members of the public, walking, cycling, mobility scooters, etc - Getting in way of runners, causing injuries or accidents.	Coach Young Person	<ul style="list-style-type: none"> <li>• Ensure participants are respectful of other park users.</li> <li>• Ensure runners are aware and alert to things around them.</li> <li>• Avoid areas known to be unsuitable.</li> </ul>		School Staff Marshals
11	Dogs and dog faeces - presence of and behaviour of animals and their owners. (Dog bites, scratches.)	Young Person Marshals	<ul style="list-style-type: none"> <li>• Ensure runners keep aware of and alert to things around them.</li> <li>• Respect other park users.</li> </ul>		School Staff Marshals
12	Weather (Hypothermia, heat stroke, heat exhaustion, sunburn.)	Young Person Marshals	<ul style="list-style-type: none"> <li>• Weather reports should be checked leading up to and on the day.</li> <li>• Runners to be given advice on clothing, fluid intake and sun screen.</li> <li>• Cancellation to be considered if ice, snow or lightning are likely.</li> </ul>		Convenor

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		Staff	<ul style="list-style-type: none"> <li>Carefully monitor participants for difficulties.</li> </ul>		
13	Para Athletes / Mobility Aids – (Injuries to Athletes whilst using Wheelchairs, Frames, etc.	Para Athletes	<ul style="list-style-type: none"> <li>Ensure all Mobility Aids are suited to the terrain.</li> <li>First Aid to be able to provide casualty carrying equipment for injured athletes.</li> </ul>		Convenor
14	Vehicular Movement (injuries sustained due to collision with moving vehicles)	All	<ul style="list-style-type: none"> <li>Encourage local park agencies and contractors to only move vehicles at non race times</li> </ul>		Convenor