

SSAA Secondary Road Race Championships 2021

Date : Wednesday 6th October 2021

Venue : Pittencrieff Park, Dunfermline

Events : This is a short distance road race for individuals with a Team element. There will be 8 races.

Race 1 – Girls (born on or after 1/03/09) – 1.5 miles – 12.30pm start

Race 2 – Boys (born on or after 1/03/09) – 1.5 miles – 12.45pm start

Declarations for these races close 12noon

Race 3 – Girls (born 1/03/08 – 28/02/09) – 1.5 miles – 1pm start

Race 4 – Boys (born 1/03/08 – 28/02/09) – 1.5 miles – 1.15pm start

Declarations for these races close 12.30pm

Race 5 – Girls (born 1/03/06 – 28/02/08) – 2 miles – 1.45pm start

Race 6 – Boys (born 1/03/06 – 28/02/08) – 2.5 miles – 2.05pm start

Declarations for these races close 1.15pm

Race 7 – Girls (born on or before 28/02/06) – 2.5 miles – 2.25pm start

Race 8 – Boys (born on or before 28/02/06) – 3 miles – 2.45pm start

Declarations for these races close 1.45pm

Awards : The runners finishing in 1st, 2nd & 3rd places in each race will receive a SSAA medal
An Age group trophy will be presented in all races to the top placed team, with 4 runners to count. The trophy to be kept for one year.

Age Groups : races 1 and 2 are open to pupils born on or after 1/03/09
races 3 and 4 are open to those born 1/03/08 – 28/02/09
races 5 and 6 are open to those born 1/03/06 – 28/02/08
races 7 and 8 are open to those born on or before 28/02/06

Entry Conditions : A school may enter as many individuals as they wish, with the first 4 finishers counting towards the team award in each age group. The names & dates of birth of those being entered must be submitted on the entry form.

Entry for all races is via the web site and must be made by 17/09/21 from an education email address.

Course : The course is at Pittencrieff Park mainly on 4m wide tarmac paths. Spikes must **NOT** be worn. There is limited parking in or near the park, with toilet facilities and indoor area to store belongings inside the Pavilion. Masks must be worn by everyone over the age of 12 inside the Park Pavilion.
There will be a number of Course maps displayed outside on the grass near the Pavilion, close to the Start/Finish Area.

Numbers: Individual numbers will be issued at Declarations and must be worn on the FRONT of a Schools' vest. Club colours should not be worn. Please bring your own pins.

Everyone approaching the Declaration table is asked to wear a mask and do their best to maintain the 1m social distance that is detailed under Current Cover Restrictions.

Entry fees: The entry fee per individual will be £ 8. All athletes must be entered as individuals (there is no team entry fee). On receipt of an entry, the School will be sent a registration form, further details and directions to the venue.

Please make cheques payable to the "Scottish Schools Athletics Association" or "SSAA", and send the cheque with the form issued on confirmation to the Convener, John Fleming, no later than 24th September 2021 (a week after the online closing date). BACS payments are acceptable but the form should still be returned as above.

Sort Code : 30-25-83, Acc no. : 00422248, use School name as reference

Accompanying Adult: All schools must name an adult who is attending the event, in case of any emergency. All schools are asked to nominate an adult who may be asked to officiate. This can be the same person who is already named previously. No experience is necessary.

Everyone is asked to do their best to maintain and supervise the 1m social distance that is detailed under Current Cover Rules

Changing Facilities: Changing facilities will not be available this year. There will be Toilets inside the Park Pavilion and a mask must be worn when using this facility.

PACING OF AN ATHLETE IS NOT ALLOWED AND COULD LEAD TO DISQUALIFICATION

This includes running in the same direction as the race.