

35th SSAA PRIMARY SCHOOLS' CROSS COUNTRY CHAMPIONSHIPS 2025

<u>DATE</u>	Saturday 26th April 2025		
<u>VENUE</u>	Kirkcaldy High School, Dunnikier Way, Kirkcaldy, Fife		
<u>TIMES</u>	Races 1 and 2	Primary Six Girls	12:00pm and 12:15pm
	Races 3 and 4	Primary Six Boys	12:30pm and 12:45pm
	Races 5 and 6	Primary Seven Girls	1:00pm and 1:15pm
	Races 7 and 8	Primary Seven Boys	1:30pm and 1:45pm

Times are only approximate. Each race will follow on from the completion of the previous one. Races will be split equally.

AWARDS Runners finishing in the first three places and the first three teams in each race will receive an SSAA medal. The winning team in each race will receive a trophy, to be kept for one year.

AGE GROUPS The event is only open to Primary School pupils in Primary Six and Primary Seven. No one in Primary Five or First Year of Secondary education is allowed to compete. **Please remember to include dates of birth (D.O.B.) of your runners when you fill in the form.**

ENTRIES Each school may enter as many pupils in each category as they wish, but only the highest placed four runners will count for team awards. There are spaces for 10 names for each category on the entry form. If you want to enter more than 10 please submit additions on another form

Only pupils who have experience of running the Championship distance (approx 1800 metres) should be considered for entry. Only pupils whose names are in the programme may run on the 26th April – no substitutes on the day.

The closing date for entries Wednesday 2nd 2025. This date may be during your Easter holidays. Entry must be through the SSAA Website.

No pupil may compete in the Secondary Schools' Cross-Country Championships and in the Primary Schools Cross Country Championships.

Spiked or studded shoes are not allowed.

ENTRY FEES The Entry Fee is £10.00 per individual. There is no affiliation fee. Cheques/Postal Orders should be made payable to "The Scottish Schools' Athletic Association" or "SSAA", and sent with the attached form to **A W Robertson no later than Friday 11th April 2025**. On close of entries, each school will be sent a map of the course, final instructions. If paying by BACS this form must still be submitted as above & the school name used as reference.
Bank details: 30-25-83, 00422248, Scottish Schools' Athletics Association

ACCOMPANYING ADULT All schools must name the adult who is travelling with the team, in case of any emergency. If possible, schools are asked to nominate an adult prepared to officiate if necessary. No experience is required.

PLEASE NOTE THAT PACING OF RUNNERS IS NOT ALLOWED AND COULD LEAD TO DISQUALIFICATION.