

SSAA SECONDARY PENTATHLON CHAMPIONSHIPS  
GRANGEMOUTH STADIUM, SATURDAY 1st JUNE 2019

CONVENER            Norrie Hay

1.     Entry can only be made online. Full instructions are enclosed. The closing date for entry is now **Monday 13<sup>th</sup> May 2019.**
  
2.     ENTRY REGULATIONS:
  - (a)    Schools may enter **four** multi-eventers in each age group.  
          £8 per individual entry
  
  - (b)    All competing schools are asked to provide a member of staff who is willing to officiate - see separate form. All schools must name the accompanying adult who **WILL BE ASKED TO OFFICIATE IF NECESSARY.**
  
3.     AGE GROUPS
  - (a)    Pentathletes  
  
          Group A - Over 17    (on or before 31.8.2002)  
          Group B - Under 17   (1.9.2002 – 31.8.2004)  
          Group C - Under 15   (1.9.2004 - 31.8.2005)  
          Group D - Under 14   (on or after 1.9.2005)
  
4.     PENTATHLON EVENTS
  - BOYS       Long Jump, Shot, 200m, 1500m, Sprint Hurdles - U/15 & U14 run 800m, not 1500m.
  
  - GIRLS       Long Jump, Shot, High Jump, 800m, Sprint Hurdles.
  
5.     There are no qualifying standards.
  
6.     STARTING TIMES:  
  
Sat 1st June - Pentathlon - 10.00am