

Draft Timetable Saturday 14th June 2025

Track Events				
Event Number	Time	Event	Progress	Age Group
1	10:00	3000m	Final	Girls A/B
2	10:12	300m Hurdles	Heats	Girls B
3	10:22	400m Hurdles	Final	Girls A
4	10:27	400m Hurdles	Final	Boys B
5	10:32	400m Hurdles	Final	Boys A
6	10:37	300m	Heats	Girls C
7	10:52	300m	Heats	Boys C
8	11:07	300m	Heats	Girls B
9	11:32	400m	Heats	Boys B
10	11:47	400m	Heats	Boys A
11	12:02	400m	Heats	Girls A
12	12:12	800m	Heats	Girls B
13	12:37	800m	Heats	Boys B
14	12:52	800m	Heats	Girls A
15	13:02	800m	Heats	Boys A
Lunch break > 1:45				
16	14:00	300m Hurdles	Final	Girls B
17	14:05	3000m	Final	Boys B
18	14:17	200m	Heats	Girls B
19	14:41	200m	Heats	Boys B
20	15:05	200m	Heats	Girls A
21	15:13	200m	Heats	Boys A
22	15:25	300m	Final	Girls C
23	15:30	300m	Final	Boys C
24	15:35	300m	Final	Girls B
25	15:40	400m	Final	Boys B
26	15:45	400m	Final	Boys A
27	15:50	400m	Final	Girls A
28	15:55	1500m	Final	Girls C
29	16:02	1500m	Final	Boys C
30	16:09	200m	Semi final	Girls B
31	16:21	200m	Semi final	Boys B
32	16:33	800m	Final.	Girls C
33	16:38	800m	Final	Boys C
34	16:43	800m	Final	Girls B
35	16:48	800m	Final	Boys B
36	16:53	800m	Final	Girls A
37	16:58	800m	Final	Boys A
38	17:03	3000m	Final	Boys A
39	17:15	200m	Final	Girls A
40	17:19	200m	Final	Boys A
41	17:23	200m	Final	Girls B
42	17:27	200m	Final	Boys B

Field Events			
Event Number	Time	Event	Age Group
1	10:00	High Jump	Girls A
2		Long Jump	Girls C
3		Javelin	Boys C
4	11:30	Shot Putt	Girls C
5		High Jump	Girls B
6		Discus	Boys A/ B
7	13:00	Long Jump	Boys C
8		Javelin	Boys A
9		Shot Putt	Boys B
10	14:30	Discus	Boys C
11		Triple Jump	Girls A/B
12		High Jump	Boys C
13	16:00	Triple Jump	Boys A/B
14		Shot Putt	Girls A
15		Discus	Girls C

**Times are approximate and are for guidance at this point  
If heats are not required, Finals will be held at heat time.  
NB If Semi-Finals are not required, Finals will be held at Final Time  
This may have an effect on timings. Please listen for announcements**