



WELSH ATHLETICS ATHLETAU CYMRU

Celtic Indoor Cup and U20 International

incorporating

**U16 Celtic Schools International
for the Colin Jackson Trophy**

Sunday 21st February

Full Results



UAMC
Cardiff's **metropolitan** university
prifysgol **metropolitan** Caerdydd

CELTIC INDOOR CUP 2010
 SUNDAY 21ST FEBRUARY
 N.I.A.C. - U.W.I.C. CYNCOED CAMPUS

T13 Senior Men & U20 Men 60m

12:10

All Comers Jason GARDENER England 6.52 2002
 Welsh Indoor Record Colin JACKSON Cardiff AAC 6.49 1994
 Meeting Record Ricardo CHILDS Wales 6.81 2009 New Meeting Record
 2009 Celtic Cup Winner Ricardo CHILDS Wales 6.81

Pos	Bib	Name	Country	Perf.	Comments
1	11	Nick SMITH	Scotland	6.79	
2	9	Liam DUFF	Wales	6.94	
3	10	Dean ADAMS	Ireland	6.95	
4	12	Chris HILL	UWIC	7.01	

T19 Senior Men 400m

13:10

All Comers Matthew ELIAS Wales 47.39 2002
 Welsh Indoor Record Jamie BAULCH Cardiff AAC 45.39 1997
 Meeting Record Kris ROBERTSON Scotland 48.56 2009
 2009 Celtic Cup Winner Kris ROBERTSON Scotland 48.56

Pos	Bib	Name	Country	Perf.	Comments
1	11	Ian GARIOCH	Scotland	49.21	
2	12	Iain BRAY	UWIC	49.63	
3	9	Adebowale ADEMUYEWO	Wales	49.85	
4	10	Nick HOGAN	Ireland	50.50	

T30 Senior Men 800m

14:50

All Comers Richard HILL England 1.49.10 2009
 Welsh Indoor Record James WATKINS Cardiff AAC 1.47.23 2006
 Meeting Record Richard HILL England 1.50.0* 2007
 2009 Celtic Cup Winner Greame OUDNEY Scotland 1.51.18

Pos	Bib	Name	Country	Perf.	Comments
1	11	Guy LEARMOUTH	Scotland	1:50.57	
2	9	Gareth WARBURTON	Wales	1:50.58	
3	10	Darren MCBREARTY	Ireland	1:51.65	
4	12	Nico CONSTANTI	UWIC	1:53.41	

CELTIC INDOOR CUP 2010
SUNDAY 21ST FEBRUARY
N.I.A.C. - U.W.I.C. CYNCOED CAMPUS

T11 Senior Men & U20 Men 1500m

11:50

All Comers Stephen DAVIES Wales 3.42.28 2009
Welsh Indoor Record James THIE Cardiff AAC 3.38.69 2004
Meeting Record Alan O'BRIEN Ireland 3.49.73 2009
2009 Celtic Cup Winner Alan O'BRIEN Ireland 3.49.73

Pos	Bib	Name	Country	Perf.	Comments
1	11	Ian WILLIAMSON	Scotland	3:52.14	
2	9	Tom MARSHALL	Wales	3:52.27	
3	12	Ieuan THOMAS	UWIC	3:52.42	
4	10	Colin COSTELLO	Ireland	DNF	

T25 Senior Men 60m Hurdles

14:10

All Comers Colin JACKSON Wales 7.60 2002
Welsh Indoor Record Colin JACKSON Brecon AC 7.30 1994
Meeting Record Chris BAILLIE Scotland 7.85 2008
2009 Celtic Cup Winner Francis SMITH Scotland 8.11

Pos	Bib	Name	Country	Perf.	Comments
1	11	Francis SMITH	Scotland	8.20	
2	9	David GUEST	Wales	8.28	
3	10	Ciaran O'CAITHAIN	Ireland	8.38	
4	12	Stephen BOYLES	UWIC	8.52	

T37 Senior Men 4 x 400m Relay

16:00

All Comers Scotland 3:16.40 2009
Welsh Indoor Record Wales 3:17.31 2008 New Welsh Record
Meeting Record Scotland 3:16.40 2009
2009 Celtic Cup Winner Scotland 3:16.40

Pos	Bib	Name	Country	Perf.	Comments
1	9	SMITH, ADEMUYEWO , WARBURTON, GUEST	Wales	3:16.71	
2	12	ALLEN, McCABE, WILTSHIRE, CONSTANTI	UWIC	3:23.02	
3	11	GARIOCH, WILLIAMSON, SMITH, LEARMOUTH	Scotland	DQ	

CELTIC INDOOR CUP 2010
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F3 Senior Men & U20M High Jump

10:45

All Comers Brendan REILLY Ireland 2.25 2000
 Welsh Indoor Record Robert MITCHELL Sale Harriers 2.24 2009
 Meeting Record Chris CROWLEY Ireland 2.14 2008
 2009 Celtic Cup Winner Chris CROWLEY Ireland 2.12

Pos	Bib	Name	Country	Perf.	Comments
1	10	Barry PENDER	Ireland	2.10	
2	11	Thomas CAMPBELL	Scotland	2.01	
3	9	Adam DAVIES	Wales	1.85	
4	12	Antoni DAVIS-PHILLIPS	UWIC	1.80	

F11 Senior Men & U20 Men Pole Vault

14:00

All Comers Paul WILLIAMSON & Nick BUCKFIELD England 5.50
 Welsh Indoor Record Scott SIMPSON Birchfield Harriers 5.42 2007
 Meeting Record Scott SIMPSON UWIC 5.15 2007
 2009 Celtic Cup Winner Paul WALKER Wales 5.04

Pos	Bib	Name	Country	Perf.	Comments
1	11	Richard HURREN	Scotland	5.00	
2	9	Ben GREGORY	Wales	4.90	
3	10	David DONEGAN	Ireland	4.65	
4	12	Mike READ	UWIC	NMR	

F8 Senior Men & U20 Men Long Jump

12:45

All Comers Gable GARENAMOTSE Botswana 8.01 2002
 Welsh Indoor Record Lynn DAVIES Roath, Cardiff 7.97 1966
 Meeting Record Steven FLEMMING Ireland 7.33 2007
 2009 Celtic Cup Winner Jude BEIMERS Scotland 7.28
 New Meeting Record

Pos	Bib	Name	Country	Perf.	Comments
1	11	John CARR	Scotland	7.42	
2	10	Eoin HANNON	Ireland	7.33	
3	9	James GARDNER	Wales	6.86	
4	12	Phil WARWICKER	UWIC	6.49	

CELTIC INDOOR CUP 2010
 SUNDAY 21ST FEBRUARY
 N.I.A.C. - U.W.I.C. CYNCOED CAMPUS

F16 Senior Men & U20 Men Triple Jump

15:15

All Comers Julian GOLLEY England 16.05 2001
 Welsh Indoor Record Steven SHALDERS Cardiff AAC 16.39 2006
 Meeting Record Gary WHITE UWIC 15.86 2008
 2009 Celtic Cup Winner John CARR Scotland 15.71

Pos	Bib	Name	Country	Perf.	Comments
1	11	David WATSON	Scotland	15.26	
2	10	Eoin KELLY	Ireland	14.94	
3	9	Adam WILLIAMS	Wales	13.92	
4	0				

F9 Senior Men & U20 Men Shot (7.25kg) & (6.00kg)

13:00

All Comers Stephan HAYWARD Scotland 18.28 2000
 Welsh Indoor Record Shaun PICKERING Haringey 19.10 1996
 Meeting Record Ryan OSWALD Scotland 16.05 2009 New Meeting Record
 2009 Celtic Cup Winner Ryan OSWALD Scotland 16.05

Pos	Bib	Name	Country	Perf.	Comments
1	9	Ryan SPENCER-JONES	Wales	17.18	
2	11	Scot THOMPSON	Scotland	16.98	
3	12	Brett MORSE	UWIC	15.04	
4	10	Sean BREATHNACH	Ireland	14.95	

CELTIC INDOOR CUP 2010
 SUNDAY 21ST FEBRUARY
 N.I.A.C. - U.W.I.C. CYNCOED CAMPUS

T14 Senior Women & U20 Women 60m

12:20

All Comers Joice MADUAKA England 7.28 2002
 Welsh Indoor Record Carman SMART Cardiff AAC 7.34 1990
 Meeting Record Anna BOYLE Ireland 7.3* 2007
 2009 Celtic Cup Winner Kelley PROPER Ireland 7.58

Pos	Bib	Name	Country	Perf.	Comments
1	10	Ailis McSWEENEY	Ireland	7.48	
2	9	Rachel JOHNCOCK	Wales	7.73	
3	12	Zara GEORGE	UWIC	7.83	
4	11	Laura McGAWN	Scotland	7.94	

T21 Senior Women 400m

13:30

All Comers Catherine MURPHY Wales 52.54 2002
 Welsh Indoor Record Catherine MURPHY Shaftesbury 51.74 2003
 Meeting Record Marian ANDREWS Ireland 54.89 2009
 2009 Celtic Cup Winner Marian ANDREWS Ireland 54.89

Pos	Bib	Name	Country	Perf.	Comments
1	10	Jo PATTERSON	Ireland	55.22	
2	12	Emma PULLEN	UWIC	55.22	
3	9	Brigid EADES	Wales	57.53	
4	11	Ashleigh KENNEDY	Scotland	58.45	

T32 Senior Women 800m

15:10

All Comers Joanna ROSS Scotland 2.04.05 2005
 Welsh Indoor Record Hayley PARRY Swansea Harriers 2.01.52 1998
 Meeting Record Catherine RILEY Ireland 2.05.7* 2007
 2009 Celtic Cup Winner Jenny TAN Scotland 2.09.24

Pos	Bib	Name	Country	Perf.	Comments
1	11	Seonaid MURRAY	Scotland	2:10.50	
2	10	Ciara EVERARD	Ireland	2:10.84	
3	12	Emma PETERS	UWIC	2:15.12	
4	9	Charlotte GAUGHAN	Wales	2:16.11	

CELTIC INDOOR CUP 2010
 SUNDAY 21ST FEBRUARY
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T12 Senior Women & U20 Women 1500m

12:00

All Comers Gemma TURTLE England 4.14.06 2010
 Welsh Indoor Record Hayley TULLETT Swansea Harriers 4.05.63 2004
 Meeting Record Kerry HARTY Ireland 4.28.69 2008 New Meeting Record
 2009 Celtic Cup Winner Rebecca NUTTALL Wales 4.42.03

Pos	Bib	Name	Country	Perf.	Comments
1	10	Kerry HARTY	Ireland	4:26.77	
2	11	Laura DUNN	Scotland	4:31.50	
3	12	Charlotte ARTER	UWIC	4:43.39	

T27 Senior Women 60m Hurdles

14:30

All Comers Diane ALLAHGREEN England 8.01 2002
 Welsh Indoor Record Kay MORLEY BROWN Cardiff AAC 8.16 1992
 Meeting Record Gemma WERRETT Scotland 8.41 2008
 2009 Celtic Cup Winner Gemma WERRETT Scotland 8.57

Pos	Bib	Name	Country	Perf.	Comments
1	11	Gemma WERRETT	Scotland	8.50	
2	10	Mairead MURPHY	Ireland	8.72	
3	12	Ashley-Faye HELSBY	UWIC	8.79	
4	9	Heather JONES	Wales	8.81	

T36 Senior Women 4 x 400m Relay

15:50

All Comers Ireland 3.42.35 2008
 Welsh Indoor Record Wales 3.52.51 2009
 Meeting Record Ireland 3.42.35 2009
 2009 Celtic Cup Winner Ireland 3.42.35

Pos	Bib	Name	Country	Perf.	Comments
1	12	PULLEN, TURNBULL, DAVIES, PETERS	UWIC	3:55.47	
2	9	EADES, COGAN, GAUGHAN, NUTALL	Wales	4:05.28	

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F2 Senior Women & U20W High Jump 10:30

All Comers Susan JONES England 1.90 2002
 Welsh Indoor Record Julie CRANE Sale Harriers 1.90 2004
 Meeting Record Julie CRANE Wales 1.82 2007
 2009 Celtic Cup Winner Jayne NISBET Scotland 1.72

Pos	Bib	Name	Country	Perf.	Comments
1	10	Pamela HUGHES	Ireland	1.74	
2	9	Ceri STOKOE	Wales	1.74	
3	11	Jayne NISBET	Scotland	1.65	
4	12	Katy SEALY	UWIC	1.60	

F5 Senior Women & U20W Pole Vault 11:15

All Comers Henrietta PAXTON Scotland 4.31 2010
 Welsh Indoor Record Rhian CLARKE Essex Ladies 4.20 2001
 Meeting Record Zoe BROWN Ireland 4.20 2009
 2009 Celtic Cup Winner Zoe BROWN Ireland 4.20

Pos	Bib	Name	Country	Perf.	Comments
1	12	Louise BUTTERWORTH	UWIC	3.96	
2	11	Kim SKINNER	Scotland	3.86	
3	9	Jessica ABRAHAM	Wales	3.86	
4	10	Claire WILKINSON	Ireland	3.76	

F6 Senior Women & U20W Long Jump 11:30

All Comers Gillian COOKE Scotland 6.43 2008
 Welsh Indoor Record Ruth HOWELL Birchfield H 6.51 1974
 Meeting Record Gillian COOKE Scotland 6.43 2008
 2009 Celtic Cup Winner Kelley PROPER Ireland 6.16

Pos	Bib	Name	Country	Perf.	Comments
1	11	Jade NIMMO	Scotland	6.20	
2	10	Mary McLOONE	Ireland	5.80	
3	12	Emma LYONS	UWIC	5.78	
4	9	Imogen MILES	Wales	5.62	

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F12 Senior Women & U20W Triple Jump

14:00

All Comers Yamile ALDAMA Cuba 14.11 2003
 Welsh Indoor Record Sally PEAKE Liverpool 12.28 2006
 Meeting Record Mary McLOONE Ireland 12.54 2009
 2009 Celtic Cup Winner Mary McLOONE Ireland 12.54

Pos	Bib	Name	Country	Perf.	Comments
1	10	Mary McLOONE	Ireland	11.94	
2	11	Sarah WARNOCK	Scotland	11.94	
3	12	Sian DAVIES	UWIC	11.13	
4	0				

F13 Senior Women & U20W Shot (4.00kg)

15:00

All Comers Venissa HEAD Wales 19.06 1984
 Welsh Indoor Record Venissa HEAD Cardiff AAC 19.06 1984
 Meeting Record Alison RODGER Scotland 14.51 2007
 2009 Celtic Cup Winner Tesni WARD Wales 13.06
 New Meeting Record

Pos	Bib	Name	Country	Perf.	Comments
1	11	Alison RODGER	Scotland	16.09	
2	9	Tesni WARD	Wales	14.00	
3	12	Sarah BENSON	UWIC	11.92	

CELTIC INDOOR CUP 2010
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T13 Senior Men & U20 Men 60m

12:10

All Comers Jason GARDENER England 6.52 2002
Welsh Indoor Record Christian MALCOLM Cardiff AAC 6.67 1997
Meeting Record Harry AKINES-ARETEEY England 6.8* 2007
2009 Celtic Cup Winner Kieran SHOWLER-DAVIS England 6.93

Pos	Bib	Name	Country	Perf.	Comments
1	15	A. Antoe WALTER	England U20	6.90	
2	14	Seye OGUNWELE	Ireland U20	7.04	
3	13	Jamaul WHYTE	Wales U20	7.12	

T20 U20 Men 400m

13:20

All Comers Matthew ELIAS Wales 47.39 2002
Welsh Indoor Record Bruce TASKER Carmarthen Harriers 47.74 2006
Meeting Record Brian GREGAN Ireland 48.59 2008
2009 Celtic Cup Winner Billy RYAN Ireland 49.21

Pos	Bib	Name	Country	Perf.	Comments
1	15	James FOREMAN	England U20	49.72	
2	14	Jason HARVEY	Ireland U20	49.82	
3	13	Gareth HOPKINS	Wales U20	50.12	

T31 U20 Men 800m

15:00

All Comers Richard HILL England 1.49.10 2009
Welsh Indoor Record Joe THOMAS Cardiff AAC 1.51.94 2007
Meeting Record Ed ASTON England 1.53.8* 2007
2009 Celtic Cup Winner Adam COTTON England 1.54.0

Pos	Bib	Name	Country	Perf.	Comments
1	14	Mark ENGLISH	Ireland U20	1:50.67	
2	15	James BOWNESS	England U20	1:51.28	
3	13	Craig SPROD	Wales U20	2:03.66	

T11 Senior Men & U20 Men 1500m

11:50

All Comers Stephen DAVIES Wales 3.42.28 2009
Welsh Indoor Record Tony BLACKWELL Wolverhampton 3.52.0 1977
Meeting Record Ross MILLINGTON England 3.53.99 2008
2009 Celtic Cup Winner Daniel CHORLEY England 3.55.12

Pos	Bib	Name	Country	Perf.	Comments
1	15	John McDONNELL	England U20	3:51.29	
2	14	Paul ROBINSON	Ireland U20	3:53.88	

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3 13 Dewi GRIFFITHS **Wales U20** 3:56.31
T26 U20 Men 60m Hurdles 14:20
All Comers Colin JACKSON Wales 7.60 2002
Welsh Indoor Record Nathan PALMER Cardiff AAC 7.93 2001
Meeting Record James McLEAN England 8.02 2009 New Meeting Record
2009 Celtic Cup Winner James McLEAN England 8.02

Pos	Bib	Name	Country	Perf.	Comments
1	15	Jack MEREDITH	England U20	7.90	
2	14	Ed O'HALLLORAN	Ireland U20	8.12	
3	13	Dafydd WALTERS	Wales U20	DNF	

T39 U20 Men 4 x 200m Relay 16:30
All Comers Wales 1.26.29 2002
Welsh Indoor Record Wales 1.30.14 2009
Meeting Record England 1.29.77 2009
2009 Celtic Cup Winner England 1.29.77

Pos	Bib	Name	Country	Perf.	Comments
1	13	JONES, CONWAY, WHYTE, CUSWORTH	Wales U20	1:30.85	
2	15	KHAN, FORMAN, DEVEREUX, WALTERS	England U20	1:31.34	

CELTIC INDOOR CUP 2010
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F3 Senior Men & U20M High Jump

10:45

All Comers Brendan REILLY Ireland 2.25 2000
Welsh Indoor Record Andrew McIVER & John HILL Cardiff / Solihull 2.15 19
Meeting Record Barry PENDER Ireland 2.14 2008
2009 Celtic Cup Winner Barry PENDER Ireland 2.06

Pos	Bib	Name	Country	Perf.	Comments
1	14	Koroush FOROUGHI	Ireland U20	2.10	
2	15	Samuel Elliott BAILEY	England U20	2.04	
3	13	Ben DAVIES	Wales U20	1.90	

F11 Senior Men & U20 Men Pole Vault

14:00

All Comers Paul WILLIAMSON & Nick BUCKFIELD England 5.50 2
Welsh Indoor Record Neil WINTER Shaftesbury 5.10 1992
Meeting Record Andrew SUTCLIFFE England 4.85 2008
2009 Celtic Cup Winner Ben GREGORY Wales 4.54

Pos	Bib	Name	Country	Perf.	Comments
1	15	Matthew DEVEREUX	England U20	4.65	
2	13	Lewis NEWTON	Wales U20	4.50	
3	14	Thomas HOULIHAN	Ireland U20	4.35	

F8 Senior Men & U20 Men Long Jump

12:45

All Comers Gable GARENAMOTSE Botswana 8.01 2002
Welsh Indoor Record Marcus BROWNING Chester 7.32 1987
Meeting Record James GROOCOCK England 7.39 2008
2009 Celtic Cup Winner Daniel GARDNER England 7.15

Pos	Bib	Name	Country	Perf.	Comments
1	15	Jermaine OLASAN	England U20	7.18	
2	14	Simon DOYLE	Ireland U20	6.76	
3	13	Jamie MORRIS	Wales U20	6.35	

F16 Senior Men & U20 Men Triple Jump

15:15

All Comers Julian GOLLEY England 16.05 2001
Welsh Indoor Record Steven SHALDERS Cardiff AAC 15.45 1999
Meeting Record Kola ADEDOYIN England 14.94 2009
2009 Celtic Cup Winner Kola ADEDOYIN England 14.94

Pos	Bib	Name	Country	Perf.	Comments
1	15	Joseph LAWRENCE	England U20	14.12	
2	14	Francis EGAN	Ireland U20	14.07	
3	13	Rhys WILLIAMS	Wales U20	13.40	

CELTIC INDOOR CUP 2010
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F9 Senior Men & U20 Men Shot (7.25kg) & (6.00kg)

13:00

All Comers	Stephan HAYWARD	Scotland	18.28	2000
Welsh Indoor Record	Brett MORSE	Cardiff AAC	17.51	2008
Meeting Record	Kieran SHOWLER-DAVIES	England	17.52	2009
2009 Celtic Cup Winner	Kieran SHOWLER-DAVIES	England	17.52	

Pos	Bib	Name	Country	Perf.	Comments
1	15	Robert MOHAN	England U20	17.14	
2	13	Tomos EDWARDS	Wales U20	15.09	
3	14	Andrew DOYLE	Ireland U20	14.26	

CELTIC INDOOR CUP 2010
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T14 Senior Women & U20 Women 60m

12:20

All Comers Joice MADUAKA England 7.28 2002
Welsh Indoor Record Lisa ARMSTRONG Torfaen 7.48 1991
Meeting Record Niamh WHELAN Ireland 7.49 2009
2009 Celtic Cup Winner Niamh WHELAN Ireland 7.49

Pos	Bib	Name	Country	Perf.
1	15	Twinelle HOPESON	England U20	7.60
2	14	Eilish FITZPATRICK	Ireland U20	7.78
3	13	Hannah PENDLEBURY	Wales U20	7.84

T22 U20 Women 400m

13:40

All Comers Catherine MURPHY Wales 52.54 2002
Welsh Indoor Record Faye Harding Sale 55.75 2004
Meeting Record Carmen GEDLING England 56.8* 2007
2009 Celtic Cup Winner Mary IHEKE England 57.18

New Meeting Record

Pos	Bib	Name	Country	Perf.
1	14	Clare MOONEY	Ireland U20	56.32
2	15	Amy ALLCOCK	England U20	57.40
3	13	Megan RODGERS	Wales U20	60.02

T33 U20 Women 800m

15:20

All Comers Joanna ROSS Scotland 2.04.05 2005
Welsh Indoor Record Kirsty McDERMOTT Brecon AC 2.02.88 1981
Meeting Record Rachel STRINGER England 2.08.77 2008
2009 Celtic Cup Winner Ciara EVERARD Ireland 2.10.69

Pos	Bib	Name	Country	Perf.
1	15	Rowena COLE	England U20	2:09.44
2	13	Jade WILLIAMS	Wales U20	2:14.79
3	14	Katie KIRK	Ireland U20	2:17.08

T12 Senior Women & U20 Women 1500m

12:00

All Comers Gemma TURTLE England 4.14.06 2010
Welsh Indoor Record Non STANFORD Swansea Harriers 4.27.66 2006
Meeting Record Sarah HOPKINSON England 4.29.76 2008
2009 Celtic Cup Winner Vicky FOUHY England 4.34.81

Pos	Bib	Name	Country	Perf.
1	15	Abbie Leigh VERNON	England U20	4:39.42
2	14	Niamh KEARNEY	Ireland U20	4:40.70

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T28 U20 Women 60m Hurdles 14:40

All Comers Diane ALLAHGREEN England 8.01 2002
Welsh Indoor Record Bethan EDWARDS Cardiff AAC 8.47 1992
Meeting Record Serita SOLOMAN England 8.6* 2007
2009 Celtic Cup Winner Stephanie GAYNOR England 8.66

Pos	Bib	Name	Country	Perf.
1	15	Sandra SEATON	England U20	8.81
2	13	Sarah DACEY	Wales U20	9.08
3	14	Catherine McMANUS	Ireland U20	9.13

T38 U20 Women 4 x 200m Relay 16:20

All Comers Ireland 1.37.43 2002
Welsh Indoor Record Wales 1.41.49 2003
Meeting Record England 1.39.34 2008
2009 Celtic Cup Winner England 1.41.78

Pos	Bib	Name	Country	Perf.
1	15	SEATON, ALLCOCK, COLE, HOPESON	England U20	1:57.04

F2 Senior Women & U20W High Jump 10:30

All Comers Susan JONES England 1.90 2002
Welsh Indoor Record Rebecca JONES Wrexham 1.86 2002
Meeting Record Adele LASSU & Katrina THOMPSON England 1.76 2007 & 2008
2009 Celtic Cup Winner Amy MARCHANT England 1.71

Pos	Bib	Name	Country	Perf.
1	15	Isobel POOLEY	England U20	1.78
2	13	Sian SWANSON	Wales U20	1.65
3	0			

F5 Senior Women & U20W Pole Vault 11:15

All Comers Henrietta PAXTON Scotland 4.31 2010
Welsh Indoor Record Rhian CLARKE Essex Ladies 3.65 1996 New Welsh Record
Meeting Record Sally SCOTT England 4.01 2009
2009 Celtic Cup Winner Sally SCOTT England 4.01

Pos	Bib	Name	Country	Perf.
1	15	Holly BLEASDALE	England U20	3.76
2	13	Rebecca DAVIES	Wales U20	3.66
3	14	Nicki SAVAGE	Ireland U20	3.51

CELTIC INDOOR CUP 2010
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F6 Senior Women & U20W Long Jump

11:30

All Comers Gillian COOKE Scotland 6.43 2008
 Welsh Indoor Record Nicola SHORT Torfaen 5.77 1986
 Meeting Record Kelley PROPER Ireland 5.82 2007
 2009 Celtic Cup Winner Ffion REES Wales 5.08

Pos	Bib	Name	Country	Perf.
1	15	Lorraine UGEN	England U20	6.02
2	13	Sarah ABRAMS	Wales U20	5.68
3	14	Nicola POWER	Ireland U20	5.54

F12 Senior Women & U20W Triple Jump

14:00

All Comers Yamile ALDAMA Cuba 14.11 2003
 Welsh Indoor Record Sally PEAKE Liverpool 11.79 2003 New Welsh Record
 Meeting Record Melissa CARR England 12.19 2008
 2009 Celtic Cup Winner Gemma SMITH England 11.77

Pos	Bib	Name	Country	Perf.
1	15	Emma PRINGLE	England U20	11.80
2	13	Sarah ABRAMS	Wales U20	11.67
	0			

F13 Senior Women & U20W Shot (4.00kg)

15:00

All Comers Venissa HEAD Wales 19.06 1984
 Welsh Indoor Record Jayne BERRY Brecon AC 14.54 1989
 Meeting Record Eden FRANCIS England 14.68 2007
 2009 Celtic Cup Winner Shaunagh BROWN England 14.09

Pos	Bib	Name	Country	Perf.
1	15	Rebecca PEAKE	England U20	13.35
2	14	Fiona MOLONEY	Ireland U20	12.51

CELTIC INDOOR CUP 2010
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T18 U16M Schools 60m

13:00

Welsh Indoor Record Tim BENJAMIN Cardiff AAC 6.93 1998
Meeting Record Jamaul WHYTE Wales Schools 7.25 2009
2009 Celtic Cup Winner Jamaul WHYTE Wales Schools 7.25

Pos	Bib	Name	Country	Perf.	Comments
1	3	Marcus LAWLER	Ireland Schools A	7.26	
2	1	Matthew DAVIES	Wales Schools A	7.27	
3	5	Wallace GRAHAM	Scotland Schools A	7.33	
4	2	Morgan HARRIES	Wales Schools B	7.37	
5	6	Sam REVIE	Scotland Schools B	7.46	
6	7	James McCLEAN	Welsh Dragons A	7.59	
7	4	Niall McKEEVER	Ireland Schools B	7.62	
8	8	Omar OPOKU-ADDO	Welsh Dragons B	7.63	

T7 U16M Schools 200m A Race

11:10

Welsh Indoor Record Tim BENJAMIN Cardiff AAC 21.51 1998
Meeting Record Curtis WOODS Ireland Schools 22.76 2008
2009 Celtic Cup Winner Jamaul WHYTE Wales Schools 23.19

Pos	Bib	Name	Country	Perf.	Comments
1	3	Marcus LAWLER	Ireland Schools A	23.12	
2	1	Matthew DAVIES	Wales Schools A	23.34	
3	5	Ben ROBBIN	Scotland Schools A	24.36	
4	7	Alexander PAVLOU	Welsh Dragons A	24.67	

T8 U16M Schools 200m B Race

11:20

Pos	Bib	Name	Country	Perf.	Comments
1	2	Morgan HARRIES	Wales Schools B	23.57	
2	4	Niall McKEEVER	Ireland Schools B	24.24	
3	6	Stephen GRACIE	Scotland Schools B	25.18	
4					

T6 U16M Schools 800m

11:00

Welsh Indoor Record Adam DAVIES Gloucester AC 1.58.17 2000
Meeting Record Adam INGRAM Ireland Schools 1:59.50 2008
2009 Celtic Cup Winner Dean CRONIN Ireland Schools 2.00.68

Pos	Bib	Name	Country	Perf.	Comments
1	3	Karl GRIFFIN	Ireland Schools A	2:03.38	
2	1	Carwyn EVANS	Wales Schools A	2:08.16	

CELTIC INDOOR CUP 2010
SUNDAY 21ST FEBRUARY
N.I.A.C. - U.W.I.C. CYNCOED CAMPUS

T10 U16M Schools 1500m

11:40

Welsh Indoor Record Simon LAWSON Cardiff AAC 4.04.37 2005
Meeting Record Elliott HARDEE Wales Schools 4.14.87 2009 New Meeting Record
2009 Celtic Cup Winner Elliott HARDEE Wales Schools 4.14.87

Pos	Bib	Name	Country	Perf.	Comments
1	3	Shane FITZSIMONS	Ireland Schools A	4:09.65	
2	1	Lloyd HECKLER	Wales Schools A	4:24.10	

T2 U16M Schools 60m Hurdles

10:25

Welsh Indoor Record Colin JACKSON Cardiff AAC 8.16 1983
Meeting Record Rhys WILLIAMS Wales Schools 8.52 2009
2009 Celtic Cup Winner Rhys WILLIAMS Wales Schools 8.52

Pos	Bib	Name	Country	Perf.	Comments
1	2	James PARRY	Wales Schools B	8.70	
2	3	Mark McGARVEY	Ireland Schools A	8.75	
3	6	John MCCALL	Scotland Schools B	8.80	
4	1	Tyron BLAKE	Wales Schools A	8.81	
5	5	Marc RUSSELL	Scotland Schools A	8.87	
6	7	Daniel BLAIN	Welsh Dragons A	8.99	
7	4	Gavin CURRAN	Ireland Schools B	9.60	

T35 U16M Schools 4 x 200m Relay

15:40

Welsh Indoor Record Wales 1.34.96 2009
Meeting Record Scotland Schools 1.34.01 2008
2009 Celtic Cup Winner Wales Schools 1.34.37

Pos	Bib	Name	Country	Perf.	Comments
1	5	REVIE, ROBBINS, GRACIE, GRAHAM	Scotland Schools A	1:35.59	
2	1	HARRIES, ROBBINS, BARNES, DAVIES	Wales Schools A	1:35.82	
3	3	GRIFFIN, McKEEVER, McGARVEY, LAWLER	Ireland Schools A	1:35.91	
4	7	McLEAN, OPOKU-ADDO, PRICE, PAVLOU	Welsh Dragons A	1:38.38	

CELTIC INDOOR CUP 2010
SUNDAY 21ST FEBRUARY
N.I.A.C. - U.W.I.C. CYNCOED CAMPUS

F14 U16M Schools High Jump (Bed 1)

15:15

Welsh Indoor Record Chuka ENIH-SNELL Swansea Harriers 2.07 2000
Meeting Record Stephen GUEST Wales Schools 1.84 2009
2009 Celtic Cup Winner Stephen GUEST Wales Schools 1.84

Pos	Bib	Name	Country	Perf.	Comments
1	5	Douglas PAUL	Scotland Schools A	1.83	
2	3	Erik STAM	Ireland Schools A	1.77	
3	1	Tyron BLAKE	Wales Schools A	1.74	
4	7	Aled PRICE	Welsh Dragons A		

F4 U16M Schools Long Jump

10:45

Welsh Indoor Record Scott HERBERT Milton Keynes 6.90 1990
Meeting Record Ciaran DOLAN Ireland Schools 6.41 2008
2009 Celtic Cup Winner Michael PAYNE Wales Schools 5.95

Pos	Bib	Name	Country	Perf.	Comments
1	5	Ross MAXWELL	Scotland Schools A	6.20	
2	3	Mark McGARVEY	Ireland Schools A	5.82	
3	1	James MCGUIRE	Wales Schools A	5.73	
4	7	Jonathan BAILEY	Welsh Dragons A	5.68	

F10 U16M Schools Shot (5.00kg)

14:00

Welsh Indoor Record Clayton TURNER Crawley AC 16.73 1985
Meeting Record Rheon JAMES Wales Schools 13.85 2008
2009 Celtic Cup Winner David COLHART Scotland Schools 13.24

Pos	Bib	Name	Country	Perf.	Comments
1	1	Matthew FIELD	Wales Schools A	13.20	
2	7	Matthew REECE	Welsh Dragons A	11.55	
3	3	Erik STAM	Ireland Schools A	10.85	
4	5	Andrew MURPHY	Scotland Schools A	NMR	

CELTIC INDOOR CUP 2010
SUNDAY 21ST FEBRUARY
N.I.A.C. - U.W.I.C. CYNCOED CAMPUS

T17 U16W Schools 60m

12:50

Welsh Indoor Record Lisa ARMSTRONG Torfaen 7.56 1990
Meeting Record Joan HEALY Ireland Schools 7.7* 2008
2009 Celtic Cup Winner Sarah MURRAY Ireland Schools 7.90

Pos	Bib	Name	Country	Perf.
1	3	Grainne MOYNIHAN	Ireland Schools A	7.99
2	4	Marie HEELAN	Ireland Schools B	8.08
3	5	Kirsten GALBRAITH	Scotland Schools A	8.10
4	1	Elin JONES	Wales Schools A	8.10
5	6	Laura MCCRACKEN	Scotland Schools B	8.11
6	7	Ellie NORCKETT	Welsh Dragons A	8.21
7	2	Chloe JONES	Wales Schools B	8.39
8	8	Catrin REES	Welsh Dragons B	9.76

T4 U16W Schools 200m A Race

10:40

Welsh Indoor Record Alexandria BICK Cardiff AAC 24.82 1999
Meeting Record Joan HEALY Ireland Schools 25.27 2008
2009 Celtic Cup Winner Caroline GEORGE Scotland Schools 25.6*

Pos	Bib	Name	Country	Perf.
1	3	Sarah McCARTHY	Ireland Schools A	25.89
2	5	Kathryn CHRISTIE	Scotland Schools A	26.48
3	1	Elin JONES	Wales Schools A	26.72
4	7	Catrin REES	Welsh Dragons A	27.55

T5 U16W Schools 200m B Race

10:50

Pos	Bib	Name	Country	Perf.
1	4	Clodhna MANNING	Ireland Schools B	26.16
2	2	Catrin THOMAS	Wales Schools B	27.05
3	6	Rachel EASTON	Scotland Schools B	27.41
4	8	Emily DACEY	Welsh Dragons B	28.12

T3 U16W Schools 800m

10:30

Welsh Indoor Record Benytta DOMAN Cwmbran Harriers 2.16.74 2008
Meeting Record Lauren BELL Wales Schools 2.18.01 2009
2009 Celtic Cup Winner Lauren BELL Wales Schools 2.18.01

Pos	Bib	Name	Country	Perf.
1	1	Lauren BELL	Wales Schools A	2:18.70
2	7	Lora ROBERTS	Welsh Dragons A	2:24.22
3	3	Aoife KEYES	Ireland Schools A	2:26.39
4	5	Mhairi HENDRY	Scotland Schools A	2:26.81

CELTIC INDOOR CUP 2010
SUNDAY 21ST FEBRUARY
N.I.A.C. - U.W.I.C. CYNCOED CAMPUS

T9 U16W Schools 1500m

11:30

Welsh Indoor Record Non STANFORD Swansea Harriers 4.33.45 2005
Meeting Record Natasha COCKRAM Wales Schools 4.08.9 2008
2009 Celtic Cup Winner Kathryn PENNEL Scotland Schools 4.48.94

Pos	Bib	Name	Country	Perf.
1	3	Siofra CLEIRIGH-BUTTNER	Ireland Schools A	4:41.28
2	5	Olivia O'HARE	Scotland Schools A	4:48.55
3	1	Megan WITHERS	Wales Schools A	4:58.75

T1 U16W Schools 60m Hurdles

10:20

Welsh Indoor Record Bethan EDWARDS Brecon AC 8.67 1989
Meeting Record Joan HEALY Ireland Schools 7.7* 2008
2009 Celtic Cup Winner Sarah LAVIN Ireland Schools 8.94

Pos	Bib	Name	Country	Perf.
1	3	Lilly-Ann O'HORA	Ireland Schools A	8.98
2	1	Abi WILLIAMS	Wales Schools A	9.20
3	5	Katie PURVIS	Scotland Schools A	9.22
4	4	Grainne MOYNIHAN	Ireland Schools B	9.36
5	2	Eleanor BADHAMS	Wales Schools B	9.37
6	6	Naoimi FOX	Scotland Schools B	9.45
7	8	Alyce PHILLIPS	Welsh Dragons B	10.04

T34 U16W Schools 4 x 200m Relay

15:30

Welsh Indoor Record Wales 1.47.82 2009 New Welsh Indoor Record
Meeting Record Ireland Schools 1.42.26 2009
2009 Celtic Cup Winner Scotland Schools 1.43.97

Pos	Bib	Name	Country	Perf.
1	3	MANNING, O'HARA, MOYNIHAN, McCARTHY	Ireland Schools A	1:44.63
2	5	GALBRAITH, McCRACKEN, EASTON, CHRISTIE	Scotland Schools A	1:47.12
3	1	KITENGE, JONES, BELL, THOMAS	Wales Schools A	1:47.74
4	7	JONES, NORKETT, DACEY, DYER	Welsh Dragons A	1:48.12

CELTIC INDOOR CUP 2010
SUNDAY 21ST FEBRUARY
N.I.A.C. - U.W.I.C. CYNCOED CAMPUS

F15 U16W Schools High Jump (Bed 2)

15:15

Welsh Indoor Record

Julia CHARLTON Carmarthen Harriers 1.79 1980

Meeting Record

Hannah THOMAS Wales Schools 1.64 2009

New Meeting Record

2009 Celtic Cup Winner

Rachel WHITTLE Scotland Schools 1.62

Pos	Bib	Name	Country	Perf.
1	5	Nicki MANSON	Scotland Schools A	1.67
2	3	Aisling CROKE	Ireland Schools A	1.67
3	1	Ffion BODILLY	Wales Schools A	1.61
4	7	Emily MORRIS	Welsh Dragons A	1.58

F1 U16W Schools Long Jump

10:00

Welsh Indoor Record

Nicola SHORT Torfaen 5.77 1986

Meeting Record

Sally-Rose MAUGHAN Ireland Schools 5.54 2009

New Meeting Record

2009 Celtic Cup Winner

Andrea GAFFNEY Scotland Schools 5.28

Pos	Bib	Name	Country	Perf.
1	3	Sarah McCARTHY	Ireland Schools A	5.71
2	5	Ella GIBBONS	Scotland Schools A	5.21
3	1	Nia PALLA	Wales Schools A	5.10
4	7	Emily DACEY	Welsh Dragons A	4.92

F7 U16W Schools Shot (4.00kg)

11:30

Welsh Indoor Record

Philippa ROLES Swansea Harriers 13.68 1994

Meeting Record

Ailish SHEEHAN Ireland Schools 10.87 2009

2009 Celtic Cup Winner

Nicky McMURTIE Scotland Schools 10.47

Pos	Bib	Name	Country	Perf.
1	1	Adele NICHOLL	Wales Schools A	10.72
2	3	Laura McSWEENEY	Ireland Schools A	10.45
3	5	Gerelle PASQUIN	Scotland Schools A	9.83
4	7	Elliw JAMES	Welsh Dragons A	8.77

Celtic Cup Points 2010

SM PTS	Wales	Ireland	Scotland	UWIC	U20M PTS	Wales U20	Ireland U20	England U20
60m	3.0	2.0	5.0	1.0	60m	2.0	3.0	5.0
400m	2.0	1.0	5.0	3.0	400m	2.0	3.0	5.0
800m	3.0	2.0	5.0	1.0	800m	2.0	5.0	3.0
1500m	3.0		5.0	2.0	1500m	2.0	3.0	5.0
60m hdl	3.0	2.0	5.0	1.0	60m hdl		3.0	5.0
4 x 400	5.0			3.0	4 x 200	5.0		3.0
HJ	2.0	5.0	3.0	1.0	HJ	2.0	5.0	3.0
PV	3.0	2.0	5.0		PV	3.0	2.0	5.0
LJ	2.0	3.0	5.0	1.0	LJ	2.0	3.0	5.0
TJ	5.0	1.0	3.0	2.0	TJ	2.0	3.0	5.0
SP	5.0	1.0	3.0	2.0	SP	3.0	2.0	5.0
Track	19.0	7.0	25.0	11.0	Track	13.0	17.0	26.0
Field	17.0	12.0	19.0	6.0	Field	12.0	15.0	23.0
Total	36.0	19.0	44.0	17.0	Total	25.0	32.0	49.0
Pos	2.0	3.0	1.0	4.0	Pos	3.0	2.0	1.0

SW PTS	Wales	Ireland	Scotland	UWIC	U20W PTS	Wales U20	Ireland U20	England U20
60m	3.0	5.0	1.0	2.0	60m	2.0	3.0	5.0
400m	2.0	5.0	1.0	3.0	400m	2.0	5.0	3.0
800m	1.0	3.0	5.0	2.0	800m	3.0	2.0	5.0
1500m		5.0	3.0	2.0	1500m		3.0	5.0
60m hdl	1.0	3.0	5.0	2.0	60m hdl	3.0	2.0	5.0
4 x 400	3.0			5.0	4 x 200			5.0
HJ	3.0	5.0	2.0	1.0	HJ	3.0		5.0
PV	2.5	1.0	2.5	5.0	PV	3.0	2.0	5.0
LJ	1.0	3.0	5.0	2.0	LJ	3.0	2.0	5.0
TJ		5.0	3.0	2.0	TJ	3.0		5.0
SP	3.0		5.0	2.0	SP		3.0	5.0
Track	10.0	21.0	15.0	16.0	Track	10.0	15.0	28.0
Field	9.5	14.0	17.5	12.0	Field	12.0	7.0	25.0
Total	19.5	35.0	32.5	28.0	Total	22.0	22.0	53.0
Pos	4.0	1.0	2.0	3.0	Pos	2.0	2.0	1.0

Celtic Cup Points 2010

U16 MEN	Wales Schools	Ireland Schools	Scotland Schools	Welsh Dragons	U16 WOMEN	Wales Schools	Ireland Schools	Scotland Schools	Welsh Dragons
60m A	7.0	8.0	6.0	3.0	60m A	1.0	5.0	2.0	3.0
60m B	5.0	2.0	4.0	1.0	60m B	4.0	3.0	2.0	5.0
200m A	3.0	5.0	2.0	1.0	200m A	2.0	5.0	3.0	1.0
200m B	5.0	3.0	2.0		200m B	3.0	5.0	2.0	1.0
800m	3.0	5.0			800m	5.0	2.0	1.0	3.0
1500m	3.0	5.0			1500m	2.0	5.0	3.0	
60m Hdl A	1.0	3.0	2.0	3.0	60m Hdl A	7.0	8.0	6.0	
60m Hdl B	5.0	4.0	2.0		60m Hdl B	4.0	5.0	3.0	2.0
4 x 200	3.0	2.0	5.0	1.0	4 x 200	2.0	5.0	3.0	1.0
HJ	2.0	3.0	5.0	1.0	HJ	2.0	3.0	5.0	1.0
LJ	2.0	3.0	5.0	1.0	LJ	2.0	5.0	3.0	1.0
SP	5.0	2.0	1.0	3.0	SP	5.0	3.0	2.0	1.0
Track	32.0	35.0	18.0	8.0	Track	28.0	38.0	22.0	15
Field	12.0	10.0	16.0	6.0	Field	11.0	16.0	13.0	4
Total	44.0	45.0	34.0	14.0	Total	39.0	54.0	35.0	19
Pos	2.0	1.0	3.0	4.0	Pos	2.0	1.0	3.0	4

	Wales	Ireland	Scotland	UWIC	SENIOR CELTIC CUP WINNERS
SEN MEN	36.0	19.0	44.0	17.0	Scotland
SEN WOMEN	19.5	35.0	32.5	28.0	
OVERALL SENIOR	55.5	54.0	76.5	45.0	

	Wales U20	Ireland U20	England U20
U20 MEN	25.0	32.0	49.0
U20 WOMEN	22.0	22.0	53.0
OVERALL U20	47.0	54.0	102.0

U20 INTERNATIONAL WINNERS
England U20

	Wales Schools	Ireland Schools	Scotland Schools	Welsh Dragons	U16 CELTIC SCHOOLS WINNERS
U16 MEN	44.0	45.0	34.0	14.0	Ireland Schools
U16 WOMEN	39.0	54.0	35.0	19.0	
OVERALL U16 WINNERS	83.0	99.0	69.0	33.0	

Welsh Athletics : Distance Card

Meeting		2010 CELTIC INDOOR CUP		Venue	NIAC. Cardiff.	Time	12:00 AM	Date	Sunday 21st February 2010		
Event		U16W Schools - Long Jump		Welsh U17 Indoor Record		Nicola SHORT, Torfaen, 5.77, 1986					
F1				Meeting Record		Sally-Rose MAUGHAN, Ireland Schools, 5.54, 2009					
				2009 Winner		Andrea GAFFNEY, Scotland Schools, 5.28					
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	4th Trial	Best of 4 Trials	PB	Final Position	
				Metres	Metres	Metres	Metres				
1	7	Emily DACEY	Welsh Dragons A	4.92	4.92	4.84	4.81	4.92		4	
2	3	Sarah McCARTHY	Ireland Schools A	5.67	5.71	NJ	5.36	5.71		1	
3	1	Nia PALLA	Wales Schools A	4.73	4.84	4.84	5.10	5.10		3	
4	5	Ella GIBBONS	Scotland Schools A	4.69	4.54	4.83	5.21	5.21		2	
5											
6											
7											
8											
FULL RESULTS											
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF		
1	3	Sarah McCARTHY	Ireland Schools A	5.71	5						
2	5	Ella GIBBONS	Scotland Schools A	5.21	6						
3	1	Nia PALLA	Wales Schools A	5.10	7						
4	7	Emily DACEY	Welsh Dragons A	4.92	8						

JUDGES

REFEREE

Welsh Athletics - Height Card

Meeting		2010 CELTIC INDOOR CUP			Venue	NIAC, UWIC - Cyncoed			Time	10:30 AM		Date	Sunday 21st February 2010								
Event		Senior Women & U20W High Jump -			AC REC	Susan JONES England 1.90 2002															
F2					SR RECORD	Julie CRANE Sale Harriers 1.90 2004						U20 REC	Rebecca JONES Wrexham 1.86 2002								
Order	BIB				NAME	COUNTRY	SR MR	Julie CRANE Wales 1.82 2007						U20 MR	Adele LASSU & Katrina THOMPSON England 1.76 2007 & 2008						
					SR 2009	Jayne NISBET Scotland 1.72						U20 2009	Amy MARCHANT England 1.71								
					Start Height	1.50	1.55	1.60	1.65	1.70	1.74	1.78	1.81			Best of All	PB	Trials at Height Cleared	Total Failures	Total Trials	Position
					Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs						
1	14	Cathriona FARRELL	Ireland U20																		
2	15	Isobel POOLEY	England U20	1.65				o	o	xo	xxo	xxx			1.78						1
3	9	Ceri STOKOE	Wales	1.65				o	o	xxo	xxx				1.74						2
4	10	Pamela HUGHES	Ireland	1.65				o	xo	o	xxx				1.74						1
5	11	Jayne NISBET	Scotland	1.65				xo	xxx						1.65						3
6	12	Katy SEALY	UWIC	1.50	o	o	o	xxx							1.60						4
7	13	Sian SWANSON	Wales U20	1.55		o	o	xo	xxx						1.65						2
8	41	Lucinda LOGAN	Scotland Guest	1.55		o	xo	o	xxx						1.65						
SENIOR FULL RESULTS				U20 FULL RESULTS								REFEREE									
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF	JUDGES											
1	10	Pamela HUGHES	Ireland	1.74	1	15	Isobel POOLEY	England U20	1.78												
2	9	Ceri STOKOE	Wales	1.74	2	13	Sian SWANSON	Wales U20	1.65												
3	11	Jayne NISBET	Scotland	1.65	3																
4	12	Katy SEALY	UWIC	1.60	Guest	41	Lucinda LOGAN	Scotland Guest	1.65												

Welsh Athletics - Height Card

Meeting		2010 CELTIC INDOOR CUP			Venue	NIAC, UWIC - Cyncoed				Time	10:45 AM		Date	Sunday 21st February 2010						
Event		Senior Men & U20M High Jump -			AC REC	Brendan REILLY Ireland 2.25 2000														
F3					SR RECORD	Robert MITCHELL Sale Harriers 2.24 2009						U20 REC	Andrew McIVER & John HILL Cardiff / Solihull 2.15 1985							
					SR MR	Chris CROWLEY Ireland 2.14 2008						U20 MR	Barry PENDER Ireland 2.14 2008							
					SR 2009	Chris CROWLEY Ireland 2.12						U20 2009	Barry PENDER Ireland 2.06							
Order	BIB	NAME	COUNTRY	Start Height	1.70	1.75	1.80	1.85	1.90	1.95	1.98	2.01	2.04	2.07	Best of All	PB	Trials at Height Cleared	Total Failures	Total Trials	Position
					2.10	2.18														
1	11	Thomas CAMPBELL	Scotland	1.90					o	o	xo	o	xxx		2.01					2
2	14	Koroush FOROUGHFI	Ireland U20	1.75	o	o xxx	o	pass	o	o	pass	o	o	pass	2.10					1
3	13	Ben DAVIES	Wales U20	1.75		o	o	xo	xo	xxx					1.90					3
4	12	Antoni DAVIS-PHILLIPS	UWIC	1.70	o	o	o	xxx							1.80					4
5	9	Adam DAVIES	Wales	1.75		o	o	xxo	xxx						1.85					3
6	15	Samuel Elliott BAILEY	England U20	1.95						xo	pass	o	xo	xxx	2.04					2
7	10	Barry PENDER	Ireland	1.90	xo	retired			o	pass	pass	xo	o	pass	2.10					1
8	53	Alan MACKIE	England U20 Guest																	
SENIOR FULL RESULTS					U20 FULL RESULTS										REFEREE					
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF											
1	10	Barry PENDER	Ireland	2.10	1	14	Koroush FOROUGHFI	Ireland U20	2.10											
2	11	Thomas CAMPBELL	Scotland	2.01	2	15	Samuel Elliott BAILEY	England U20	2.04	JUDGES										
3	9	Adam DAVIES	Wales	1.85	3	13	Ben DAVIES	Wales U20	1.90											
4	12	Antoni DAVIS-PHILLIPS	UWIC	1.80	Guest															

Welsh Athletics : Distance Card

Meeting		2010 CELTIC INDOOR CUP		Venue	NIAC. Cardiff.	Time	12:00 AM	Date	Sunday 21st February 2010		
Event		U16M Schools - Long Jump		Welsh U17 Indoor Record		Scott HERBERT, Milton Keynes, 6.90, 1990					
F4				Meeting Record		Ciaran DOLAN, Ireland Schools, 6.41, 2008					
				2009 Winner		Michael PAYNE, Wales Schools, 5.95					
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	4th Trial	Best of 4 Trials	PB	Final Position	
				Metres	Metres	Metres	Metres				
1	1	James MCGUIRE	Wales Schools A	5.73	5.68	5.72	NJ	5.73		3	
2	5	Ross MAXWELL	Scotland Schools A	6.01	6.11	6.20	6.18	6.20		1	
3	7	Jonathan BAILEY	Welsh Dragons A	5.41	5.44	5.68	5.44	5.68		4	
4	3	Mark McGARVEY	Ireland Schools A	5.71	5.82	NJ	5.82	5.82		2	
5											
6											
7											
8											
FULL RESULTS											
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF		
1	5	Ross MAXWELL	Scotland Schools A	6.20	5						
2	3	Mark McGARVEY	Ireland Schools A	5.82	6						
3	1	James MCGUIRE	Wales Schools A	5.73	7						
4	7	Jonathan BAILEY	Welsh Dragons A	5.68	8						

JUDGES

REFEREE

Welsh Athletics - Height Card

Meeting		2010 CELTIC INDOOR CUP			Venue	NIAC, UWIC - Cyncoed					Time	11:15 AM		Date	Sunday 21st February 2010					
Event		Senior Women & U20W Pole Vault -			AC REC	Henrietta PAXTON Scotland 4.31 2010														
F5					SR RECORD	Rhian CLARKE Essex Ladies 4.20 2001					U20 REC	Rhian CLARKE Essex Ladies 3.65 1996								
					SR MR	Zoe BROWN Ireland 4.20 2009					U20 MR	Sally SCOTT England 4.01 2009								
					SR 2009	Zoe BROWN Ireland 4.20					U20 2009	Sally SCOTT England 4.01								
Order	BIB	NAME	COUNTRY	Start Height	3.01	3.21	3.36	3.51	3.66	3.76	3.86	3.96	4.06	Best of All	PB	Trials at Height Cleared	Total Failures	Total Trials	Position	
					Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs							Mtrs
1	15	Holly BLEASDALE	England U20	3.66					xxo	xo	xxx			3.76						1
2	12	Louise BUTTERWORTH	UWIC	3.76						o	o	xo	xxx	3.96						1
3	14	Nicki SAVAGE	Ireland U20	3.01	o	o	o	xo	xxx					3.51						3
4	13	Rebecca DAVIES	Wales U20	3.36			o	o	xxo	xxx				3.66						2
5	10	Claire WILKINSON	Ireland	3.66					xxo	xo	xxx			3.76						4
6	11	Kim SKINNER	Scotland	3.66					o		o	xxx		3.86						2
7	9	Jessica ABRAHAM	Wales	3.66					xo	xo	xxo	xxx		3.86						3
8																				
9	43	Sally PEAKE	Wales Guest	3.36																
SENIOR FULL RESULTS				U20 FULL RESULTS									REFEREE							
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF	JUDGES										
1	12	Louise BUTTERWORTH	UWIC	3.96	1	15	Holly BLEASDALE	England U20	3.76											
2	11	Kim SKINNER	Scotland	3.86	2	13	Rebecca DAVIES	Wales U20	3.66											
3	9	Jessica ABRAHAM	Wales	3.86	3	14	Nicki SAVAGE	Ireland U20	3.51											
4	10	Claire WILKINSON	Ireland	3.76	Guest															
					Guest															

Welsh Athletics : Distance Card

Meeting		2010 CELTIC INDOOR CUP				Venue	NIAC. Cardiff, Cyncoed		Time	11:30 AM	Date	Sunday 21st February 2010	
Event		Senior Women & U20W - Long Jump -				AC RECORD		Gillian COOKE, Scotland, 6.43, 2008					
F6		Senior Women & U20W - Long Jump -				SEN RECORD		Ruth HOWELL, Birchfield H, 6.51, 1974		U20 RECORD		Nicola SHORT, Torfaen, 5.77, 1986	
F6		Senior Women & U20W - Long Jump -				SEN MR		Gillian COOKE, Scotland, 6.43, 2008		U20 MR		Kelley PROPER, Ireland, 5.82, 2007	
F6		Senior Women & U20W - Long Jump -				SEN 2009 WINNER		Kelley PROPER, Ireland, 6.16		2009 WINNER		Ffion REES, Wales, 5.08	
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	4th Trial	5th Trial	6th Trial	Best of 4 Trials	PB	Final Position	
				Metres	Metres	Metres	Metres	Metres	Metres				
1	13	Sarah ABRAMS	Wales U20	NJ	5.52	5.68	5.65	NJ	NJ	5.68		2	
2	9	Imogen MILES	Wales	5.43	5.39	5.42	5.55	5.62	5.62	5.62		4	
3	12	Emma LYONS	UWIC	5.68	NJ	5.78	NJ	NJ	5.65	5.78		3	
4	11	Jade NIMMO	Scotland	6.01	NJ		5.79	6.20		6.20		1	
5	15	Lorraine UGEN	England U20	5.85	5.76	6.02	5.95	5.89	NJ	6.02		1	
6	10	Mary McLOONE	Ireland	NJ	5.54	NJ	5.80	5.73	5.56	5.80		2	
7	14	Nicola POWER	Ireland U20	NJ	NJ	NJ	5.54	NJ	NJ	5.54		3	
SENIOR RESULTS						U20 RESULTS							
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF				
1	11	Jade NIMMO	Scotland	6.20	1	15	Lorraine UGEN	England U20	6.02				
2	10	Mary McLOONE	Ireland	5.80	2	13	Sarah ABRAMS	Wales U20	5.68				
3	12	Emma LYONS	UWIC	5.78	3	14	Nicola POWER	Ireland U20	5.54				
4	9	Imogen MILES	Wales	5.62									

JUDGES

REFEREE

Welsh Athletics : Distance Card

Meeting		2010 CELTIC INDOOR CUP		Venue	NIAC. Cardiff.	Time	12:00 AM	Date	Sunday 21st February 2010	
Event		U16W Schools - Shot (4.00kg)		Welsh U17 Indoor Record		Philippa ROLES, Swansea Harriers, 13.68, 1994				
F7				Meeting Record		Ailish SHEEHAN, Ireland Schools, 10.87, 2009				
				2009 Winner		Nicky McMURTIE, Scotland Schools, 10.47				
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	4th Trial	Best of 4 Trials	PB	Final Position
				Metres	Metres	Metres	Metres			
1	5	Gerelle PASQUIN	Scotland Schools A	8.77	9.71	9.25	9.83	9.83		3
2	3	Laura McSWEENEY	Ireland Schools A	9.91	10.45	9.80	10.14	10.45		2
3	1	Adele NICHOLL	Wales Schools A	10.50	9.84	10.24	10.72	10.72		1
4	7	Eliw JAMES	Welsh Dragons A	7.75	8.60	8.67	8.77	8.77		4
5										
6										
7										
8										
FULL RESULTS										
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF	
1	1	Adele NICHOLL	Wales Schools A	10.72	5					
2	3	Laura McSWEENEY	Ireland Schools A	10.45	6					
3	5	Gerelle PASQUIN	Scotland Schools A	9.83	7					
4	7	Eliw JAMES	Welsh Dragons A	8.77	8					

JUDGES

REFEREE

Welsh Athletics : Distance Card

Meeting		2010 CELTIC INDOOR CUP			Venue	NIAC. Cardiff, Cyncoed			Time	12:45 PM	Date	Sunday 21st February 2010		
Event		Senior Men & U20 Men - Long Jump -			AC RECORD		Gable GARENAMOTSE, Botswana, 8.01, 2002							
F8					SEN RECORD		Lynn DAVIES, Roath, Cardiff, 7.97, 1966			U20 RECORD		Marcus BROWNING, Chester, 7.32, 1987		
					SEN MR		Steven FLEMMING, Ireland, 7.33, 2007			U20 MR		James GROOCOCK, England, 7.39, 2008		
					SEN 2009 WINNER		Jude BEIMERS, Scotland, 7.28			2009 WINNER		Daniel GARDNER, England, 7.15		
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	4th Trial	5th Trial	6th Trial	Best of 4 Trials	PB	Final Position	JUDGES	
				Metres	Metres	Metres	Metres	Metres	Metres					
1	10	Eoin HANNON	Ireland	NJ	NJ	7.13	7.17	7.33	7.31	7.33		2		
2	13	Jamie MORRIS	Wales U20	NJ	NJ	NJ	NJ	6.00	6.35	6.35		3		
3	15	Jermaine OLASAN	England U20	6.85	6.90	7.07	7.09	7.14	7.18	7.18		1		
4	9	James GARDNER	Wales	6.65	6.86	6.70	NJ	NJ	NJ	6.86		3		
5	12	Phil WARWICKER	UWIC	NJ	6.32	NJ	6.31	6.39	6.49	6.49		4		
6	14	Simon DOYLE	Ireland U20	NJ	6.76	NJ	6.69	6.68	NJ	6.76		2		
7	11	John CARR	Scotland	7.16	7.42	PASS	7.12	6.56	7.12	7.42		1		
SENIOR RESULTS						U20 RESULTS						REFEREE		
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF					
1	11	John CARR	Scotland	7.42	1	15	Jermaine OLASAN	England U20	7.18					
2	10	Eoin HANNON	Ireland	7.33	2	14	Simon DOYLE	Ireland U20	6.76					
3	9	James GARDNER	Wales	6.86	3	13	Jamie MORRIS	Wales U20	6.35					
4	12	Phil WARWICKER	UWIC	6.49		7.33								

Welsh Athletics : Distance Card

Meeting		2010 CELTIC INDOOR CUP			Venue	NIAC. Cardiff, Cyncoed			Time	1:00 PM	Date	Sunday 21st February 2010	
Event					AC RECORD		Stephan HAYWARD, Scotland, 18.28, 2000						
F9		Senior Men & U20 Men - Shot (7.25kg) & (6.00kg) -			SEN RECORD		Shaun PICKERING, Haringey, 19.10, 1996			U20 RECORD		Brett MORSE, Cardiff AAC, 17.51, 2008	
					SEN MR		Ryan OSWALD, Scotland, 16.05, 2009			U20 MR		Kieran SHOWLER-DAVIES, England, 17.52, 2009	
					SEN 2009 WINNER		Ryan OSWALD, Scotland, 16.05			2009 WINNER		Kieran SHOWLER-DAVIES, England, 17.52	
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	4th Trial	5th Trial	6th Trial	Best of 4 Trials	PB	Final Position	JUDGES
				Metres	Metres	Metres	Metres	Metres	Metres				
1	14	Andrew DOYLE	Ireland U20	12.54	14.26	NT	NT	14.16	NT	14.26		3	
2	13	Tomos EDWARDS	Wales U20	15.08	14.96	NT	NT	15.09	NT	15.09		2	
3	9	Ryan SPENCER-JONES	Wales	17.18	NT	NT	NT	16.63	NT	17.18		1	
4	12	Brett MORSE	UWIC	14.84	NT	15.04	14.49	14.81	NT	15.04		3	
5	11	Scot THOMPSON	Scotland	15.92	16.22	16.28	16.39	16.36	16.98	16.98		2	
6	10	Sean BREATHNACH	Ireland	14.13	NT	NT	NT	NT	14.95	14.95		4	
7	15	Robert MOHAN	England U20	14.39	16.75	16.83	17.14	16.65	16.65	17.14		1	
8													
SENIOR RESULTS						U20 RESULTS						REFEREE	
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF				
1	9	Ryan SPENCER-JONES	Wales	17.18	1	15	Robert MOHAN	England U20	17.14				
2	11	Scot THOMPSON	Scotland	16.98	2	13	Tomos EDWARDS	Wales U20	15.09				
3	12	Brett MORSE	UWIC	15.04	3	14	Andrew DOYLE	Ireland U20	14.26				
4	10	Sean BREATHNACH	Ireland	14.95									

Welsh Athletics : Distance Card

Meeting		2010 CELTIC INDOOR CUP		Venue	NIAC. Cardiff.	Time	12:00 AM	Date	Sunday 21st February 2010		
Event		U16M Schools - Shot (5.00kg)		Welsh U17 Indoor Record		Clayton TURNER, Crawley AC, 16.73, 1985					
F10				Meeting Record		Rheon JAMES, Wales Schools, 13.85, 2008					
				2009 Winner		David COLHART, Scotland Schools, 13.24					
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	4th Trial	Best of 4 Trials	PB	Final Position	
				Metres	Metres	Metres	Metres				
1	7	Matthew REECE	Welsh Dragons A	11.54	9.50	NT	11.55	11.55		2	
2	5	Andrew MURPHY	Scotland Schools A	NT	NT	NT	NT	NMR		4	
3	3	Erik STAM	Ireland Schools A	NT	10.85	NT	NT	10.85		3	
4	1	Matthew FIELD	Wales Schools A	12.91	13.20	12.68	NT	13.20		1	
5											
6											
7											
8											
FULL RESULTS											
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF		
1	1	Matthew FIELD	Wales Schools A	13.20	5						
2	7	Matthew REECE	Welsh Dragons A	11.55	6						
3	3	Erik STAM	Ireland Schools A	10.85	7						
4	5	Andrew MURPHY	Scotland Schools A	NMR	8						

JUDGES

REFEREE

Welsh Athletics - Height Card

Meeting		2010 CELTIC INDOOR CUP			Venue	NIAC, UWIC - Cyncoed				Time	2:00 PM		Date	Sunday 21st February 2010						
Event		Senior Men & U20 Men Pole Vault -			AC REC	Paul WILLIAMSON & Nick BUCKFIELD England 5.50 2002														
F11					SR RECORD	Scott SIMPSON Birchfield Harriers 5.42 2007					U20 REC	Neil WINTER Shaftesbury 5.10 1992								
Order	BIB				NAME	COUNTRY	SR MR	Scott SIMPSON UWIC 5.15 2007					U20 MR	Andrew SUTCLIFFE England 4.85 2008						
					SR 2009	Paul WALKER Wales 5.04					U20 2009	Ben GREGORY Wales 4.54								
					Start Height	4.20	4.35	4.50	4.65	4.80	4.90	5.00	5.20	Best of All		PB	Trials at Height Cleared	Total Failures	Total Trials	Position
						Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs					
1	9	Ben GREGORY	Wales	4.35		xo	o	xo	o	xo	xxx			4.90						2
2	11	Richard HURREN	Scotland	4.80					o		o	xxx		5.00						1
3	10	David DONEGAN	Ireland	4.50			xxo	o	xpass		xx			4.65						3
4	15	Matthew DEVEREUX	England U20	4.65				xo	xxx					4.65						1
5	14	Thomas HOULIHAN	Ireland U20	4.35		xo	xxx							4.35						3
6	13	Lewis NEWTON	Wales U20	4.20	o	xo	xxo	xxx						4.50						2
7	12	Mike READ	UWIC	4.35		xxx								NMR						4
8	44	David GUEST	Wales Guest	4.20	o	o	xxx							4.35						
SENIOR FULL RESULTS				U20 FULL RESULTS									REFEREE							
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF											
1	11	Richard HURREN	Scotland	5.00	1	15	Matthew DEVEREUX	England U20	4.65											
2	9	Ben GREGORY	Wales	4.90	2	13	Lewis NEWTON	Wales U20	4.50	JUDGES										
3	10	David DONEGAN	Ireland	4.65	3	14	Thomas HOULIHAN	Ireland U20	4.35											
4	12	Mike READ	UWIC	NMR	Guest															

Welsh Athletics : Distance Card

Meeting		2010 CELTIC INDOOR CUP				Venue	NIAC. Cardiff, Cyncoed			Time	2:00 PM	Date	Sunday 21st February 2010		
Event		Senior Women & U20W - Triple Jump -				AC RECORD		Yamile ALDAMA, Cuba, 14.11, 2003							
F12						SEN RECORD			Sally PEAKE, Liverpool, 12.28, 2006		U20 RECORD			Sally PEAKE, Liverpool, 11.79, 2003	
						SEN MR			Mary McLOONE, Ireland, 12.54, 2009		U20 MR		Melissa CARR, England, 12.19, 2008		
						SEN 2009 WINNER			Mary McLOONE, Ireland, 12.54		2009 WINNER		Gemma SMITH, England, 11.77		
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	4th Trial	5th Trial	6th Trial	Best of 6 Trials	PB	Final Position	JUDGES		
				Metres	Metres	Metres	Metres	Metres	Metres						
1	11	Sarah WARNOCK	Scotland	11.30	NJ	11.94	11.31	11.59	11.56	11.94		2			
2	14	Coaimhe KING	Ireland U20												
3	13	Sarah ABRAMS	Wales U20	10.85	11.50	NJ	11.67	11.54	NJ	11.67		2			
4	12	Sian DAVIES	UWIC	10.98	NJ	11.13	10.55	10.81	PASS	11.13		3			
5	9		Wales												
6	15	Emma PRINGLE	England U20	NJ	11.62	NJ	11.80	11.26	11.67	11.80		1			
7	10	Mary McLOONE	Ireland	NJ	NJ	NJ	11.71	NJ	11.94	11.94		1			
	51	Nadia WILLIAMS	England U20 Guest	NJ	12.97	NJ	13.08	NJ	13.04	13.08					
SENIOR RESULTS						U20 RESULTS						REFEREE			
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF						
1	10	Mary McLOONE	Ireland	11.94	1	15	Emma PRINGLE	England U20	11.80						
2	11	Sarah WARNOCK	Scotland	11.94	2	13	Sarah ABRAMS	Wales U20	11.67						
3	12	Sian DAVIES	UWIC	11.13	3										
4						11.59									

Welsh Athletics : Distance Card

Meeting		2010 CELTIC INDOOR CUP				Venue	NIAC. Cardiff, Cyncoed			Time	3:00 PM	Date	Sunday 21st February 2010	
Event		Senior Women & U20W - Shot (4.00kg) -				AC RECORD		Venissa HEAD, Wales, 19.06, 1984						
F13						SEN RECORD		Venissa HEAD, Cardiff AAC, 19.06, 1984			U20 RECORD		Jayne BERRY, Brecon AC, 14.54, 1989	
						SEN MR		Alison RODGER, Scotland, 14.51, 2007			U20 MR		Eden FRANCIS, England, 14.68, 2007	
						SEN 2009 WINNER		Tesni WARD, Wales, 13.06			2009 WINNER		Shaunagh BROWN, England, 14.09	
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	4th Trial	5th Trial	6th Trial	Best of 4 Trials	PB	Final Position	JUDGES	
				Metres	Metres	Metres	Metres	Metres	Metres					
1	14	Fiona MOLONEY	Ireland U20	12.51	12.29	12.04	11.77	11.65	NT	12.51		2		
2	15	Rebecca PEAKE	England U20	12.96	13.02	NT	13.24	13.22	13.35	13.35		1		
3	9	Tesni WARD	Wales	13.44	NT	NT	NT	14.00	13.64	14.00		2		
4	10		Ireland											
5	11	Alison RODGER	Scotland	15.76	NT	NT	15.67	16.09	NT	16.09		1		
6	12	Sarah BENSON	UWIC	11.83	NT	NT	NT	11.41	11.92	11.92		3		
7	13		Wales U20											
SENIOR RESULTS						U20 RESULTS						REFEREE		
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF					
1	11	Alison RODGER	Scotland	16.09	1	15	Rebecca PEAKE	England U20	13.35					
2	9	Tesni WARD	Wales	14.00	2	14	Fiona MOLONEY	Ireland U20	12.51					
3	12	Sarah BENSON	UWIC	11.92	3									
4						14								

Welsh Athletics - Height Card

Meeting		2010 CELTIC INDOOR CUP				Venue	NIAC, UWIC - Cyncoed				Time	3:15 PM		Date	Sunday 21st February 2010					
Event		U16M Schools High Jump - (Bed 1)				U17 WELSH RECORD				Chuka ENIH-SNELL Swansea Harriers 2.07 2000										
F14						MEETING RECORD				Stephen GUEST Wales Schools 1.84 2009										
						2009 WINNER				Stephen GUEST Wales Schools 1.84										
Order	BIB	NAME	COUNTRY	Start Height	1.50	1.55	1.60	1.65	1.68	1.71	1.74	1.77	1.80	1.83	Best of All	PB	Trials at Height Cleared	Total Failures	Total Trials	Position
					1.85															
				Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs						
1	5	Douglas PAUL	Scotland Schools A	1.65	xxx			o	pass	o	pass	o	o	xxo	1.83					1
2	3	Erik STAM	Ireland Schools A	1.50	o	pass	o	pass	o	pass	xo	o	xxx		1.77					2
3	1	Tyron BLAKE	Wales Schools A	1.60			o	o	pass	xo	o	xxx			1.74					3
4	7	Aled PRICE	Welsh Dragons A	1.50	o	o	o	o	xxo	xo	xxx				1.71					4
5																				
6																				
7																				
8																				
FULL RESULTS															REFEREE					
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF											
1	5	Douglas PAUL	Scotland Schools A	1.83	1															
2	3	Erik STAM	Ireland Schools A	1.77	2															
3	1	Tyron BLAKE	Wales Schools A	1.74	3															
4	7	Aled PRICE	Welsh Dragons A	1.71	4															
															JUDGES					

Welsh Athletics - Height Card

Meeting		2010 CELTIC INDOOR CUP				Venue	NIAC, UWIC - Cyncoed				Time	3:15 PM		Date	Sunday 21st February 2010							
Event		U16W Schools High Jump - (Bed 2)				U17 WELSH RECORD				Julia CHARLTON Carmarthen Harriers 1.79 1980												
F15						MEETING RECORD				Hannah THOMAS Wales Schools 1.64 2009												
						2009 WINNER				Rachel WHITTLE Scotland Schools 1.62												
Order	BIB	NAME	COUNTRY	Start Height	1.45	1.50	1.55	1.58	1.61	1.64	1.67	1.70			Best of All	PB		Trials at Height Cleared	Total Failures	Total Trials	Position	
				Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs								
1	7	Emily MORRIS	Welsh Dragons A	1.45	o	o	o	o	xxx						1.58							4
2	5	Nicki MANSON	Scotland Schools A	1.45	o	o	o	xo	xo	xo	xo	xxx			1.67							1
3	3	Aisling CROKE	Ireland Schools A	1.45	o	o	o	o	o	o	xxo	xxx			1.67							2
4	1	Ffion BODILLY	Wales Schools A	1.45	o	o	o	o	xxo	xw/d					1.61							3
5																						
6																						
7																						
8																						
FULL RESULTS															REFEREE							
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF													
1	5	Nicki MANSON	Scotland Schools A	1.67	1																	
2	3	Aisling CROKE	Ireland Schools A	1.67	2																	
3	1	Ffion BODILLY	Wales Schools A	1.61	3																	
4	7	Emily MORRIS	Welsh Dragons A	1.58	4																	
															JUDGES							

Welsh Athletics : Distance Card

Meeting		2010 CELTIC INDOOR CUP			Venue	NIAC. Cardiff, Cyncoed			Time	3:15 PM	Date	Sunday 21st February 2010		
Event		Senior Men & U20 Men - Triple Jump -			AC RECORD		Julian GOLLEY, England, 16.05, 2001							
F16					SEN RECORD		Steven SHALDERS, Cardiff AAC, 16.39, 2006		U20 RECORD		Steven SHALDERS, Cardiff AAC, 15.45, 1999			
					SEN MR		Gary WHITE, UWIC, 15.86, 2008		U20 MR		Kola ADEDOYIN, England, 14.94, 2009			
					SEN 2009 WINNER		John CARR, Scotland, 15.71		2009 WINNER		Kola ADEDOYIN, England, 14.94			
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	4th Trial	5th Trial	6th Trial	Best of 4 Trials	PB	Final Position		
				Metres	Metres	Metres	Metres	Metres	Metres					
1	12		UWIC											
2	10	Eoin KELLY	Ireland	14.94	14.56	NJ	NJ	14.19	14.43	14.94			2	
3	11	David WATSON	Scotland	15.23	15.09	NJ	14.89	14.83	15.26	15.26			1	
4	14	Francis EGAN	Ireland U20	13.95	13.96	14.07	NJ	13.84	14.00	14.07			2	
5	13	Rhys WILLIAMS	Wales U20	13.40	13.31	13.02	13.09	12.41	13.23	13.40			3	
6	9	Adam WILLIAMS	Wales	NJ	13.92	13.59	13.90	NJ	13.87	13.92			3	
7	15	Joseph LAWRENCE	England U20	14.12	14.07	14.03	12.88	NJ	14.09	14.12			1	
8	45	Ross McKENZIE	Wales Guest	12.90	12.78	12.75	13.05	12.87	NJ	13.05				
SENIOR RESULTS						U20 RESULTS								
POS	BIB	NAME	COUNTRY	PERF	POS	BIB	NAME	COUNTRY	PERF					
1	11	David WATSON	Scotland	15.26	1	15	Joseph LAWRENCE	England U20	14.12					
2	10	Eoin KELLY	Ireland	14.94	2	14	Francis EGAN	Ireland U20	14.07					
3	9	Adam WILLIAMS	Wales	13.92	3	13	Rhys WILLIAMS	Wales U20	13.40					
4														

JUDGES

REFEREE