

| Position | Boys Teams | | Score |
|------------------------------|------------|---|-------|
| 1 | England | E | 264 |
| 2 | Ireland | I | 168 |
| 3 | Scotland | S | 129 |
| 4 | Wales | W | 118 |
| After 20 of 20 Events | | | |

| Position | Athlete | Country | Result | Wind +/- | Pts | <i>(w= Best Performance)</i> Record |
|---------------------|----------------------|---------|----------|----------|-----|--|
| 100m (Boys) | | | | | | |
| 1 | Deji Tobais | E | 10.58 | +1.0 | 8 | 10.7 (1980) |
| 2 | William Ife | E | 10.81 | | 7 | 10.7 (1996) |
| 3 | Tomas Coleman | W | 10.92 | | 6 | 10.6w (1985) |
| 4 | Callum Woods | S | 11.15 | | 5 | |
| 5 | Paul Whelan | I | 11.25 | | 4 | |
| 6 | Tom Cusworth | W | 11.29 | | 3 | |
| 7 | Gerard Maguire | I | 11.37 | | 2 | |
| 8 | Murray Bedwith | S | 11.38 | | 1 | |
| 200m (Boys) | | | | | | |
| 1 | Kieran Showler-Davis | E | 21.61 | +4.6 | 8 | 21.51 (1997) |
| 2 | Rhion Samuel | E | 21.64 | | 7 | 21.31w (2000) |
| 3 | Curtis Woods | I | 21.87 | | 6 | |
| 4 | Tom Cusworth | W | 22.35 | | 5 | |
| 5 | Greg Loudon | S | 22.49 | | 4 | |
| 6 | Lorcan O'Cathain | I | 22.99 | | 3 | |
| 7 | Paul Bennet | W | 23.01 | | 2 | |
| 8 | Josh Crawford | S | 23.24 | | 1 | |
| 400m (Boys) | | | | | | |
| 1 | Curtis Woods | I | 48.63 | | 8 | 47.69 (2002) |
| 2 | Greg Loudon | S | 49.83 | | 7 | |
| 3 | Benjamin Sturgess | E | 49.98 | | 6 | |
| 4 | Thomas Bensted | E | 50.44 | | 5 | |
| 5 | Anthony Young | S | 51.18 | | 4 | |
| 6 | Ricky Watts | W | 51.54 | | 3 | |
| 7 | Sam Conway | W | 51.80 | | 2 | |
| 8 | Joseph Dowling | I | 52.26 | | 1 | |
| 800m (Boys) | | | | | | |
| 1 | Rikkie Letch | E | 1:56.64 | | 8 | 1:50.1 (2004) |
| 2 | Stuart Ross | S | 1:57.10 | | 7 | |
| 3 | Adam Cotton | E | 1:57.28 | | 6 | |
| 4 | Declan Evans | W | 1:57.58 | | 5 | |
| 5 | Adam Ingram | I | 1:58.58 | | 4 | |
| 6 | Brian Kelly | I | 2:00.26 | | 3 | |
| 7 | Craig McDowal | S | 2:00.32 | | 2 | |
| 8 | Charlie Hulson | W | 2:02.55 | | 1 | |
| 1500m (Boys) | | | | | | |
| 1 | Shane Quinn | I | 4:05.72 | | 8 | 3:54.1 (1984) |
| 2 | Alex Cornwell | E | 4:07.77 | | 7 | |
| 3 | Jonathan Hopkins | W | 4:08.62 | | 6 | |
| 4 | Ryan Monahan | I | 4:08.73 | | 5 | |
| 5 | Stephen Cavey | E | 4:17.64 | | 4 | |
| 6 | Scott MacAuley | S | 4:18.98 | | 3 | |
| 7 | Jamie Wright | W | 4:20.68 | | 2 | |
| 8 | Andrew Cambell | S | 4:32.15 | | 1 | |
| 3000m (Boys) | | | | | | |
| 1 | Jonathan Hay | E | 8:38.66 | | 8 | 8:20.4 (1974) |
| 2 | Callum Hawkins | S | 8:47.51 | | 7 | |
| 3 | Paul Thompson | E | 8:58.02 | | 6 | |
| 4 | Jake Byrne | I | 9:05.36 | | 5 | |
| 5 | Fraser Scott | S | 9:09.02 | | 4 | |
| 6 | Nicky Morrell | W | 9:41.15 | | 3 | |
| 7 | Shane Boggs | I | 9:58.95 | | 2 | |
| 8 | Daniel Hiscox | W | 10:10.20 | | 1 | |
| 100mH (Boys) | | | | | | |
| 1 | Jack Meredith | E | 12.74 | +3.3 | 8 | 12.94 (2007) |
| 2 | Alex Nwenwu | E | 12.92 | | 7 | 12.6w (1995) |
| 3 | Ben Cleary | W | 13.53 | | 6 | |
| 4 | Edmond O'Halloran | I | 13.77 | | 5 | |
| 5 | Paul Whelan | I | 14.24 | | 4 | |
| 6 | Jamie Milton | S | 14.30 | | 3 | |
| 7 | Daniel Sharrem | W | 14.38 | | 2 | |
| 8 | Andrew McFarlane | S | 14.41 | | 1 | |

| 400mH (Boys) | | Country | Result | Wind +/- | Pts | Record |
|----------------------------|---|---------|----------|----------|-----|-----------------|
| 1 | Jack Green | E | 54.59 | +2.5 | 8 | 52.70 (2006) |
| 2 | James Foreman | E | 56.13 | | 7 | |
| 3 | Tim Crowe | I | 56.85 | | 6 | |
| 4 | Patrick Maher | I | 57.32 | | 5 | |
| 5 | Connor Henderson | S | 57.53 | | 4 | |
| 6 | Michael Downie | S | 57.90 | | 3 | |
| 7 | Gerwyn Morgan | W | 57.92 | | 2 | |
| 8 | Jack Wilson | W | 60.28 | | 1 | |
| 1500m Steeple Chase (Boys) | | Country | Result | Wind +/- | Pts | Record |
| 1 | James Senior | E | 4:26.51 | | 8 | 4:11.2 (1974) |
| 2 | Lachlan Oates | S | 4:28.37 | | 7 | |
| 3 | Charlie Maclean | E | 4:35.32 | | 6 | |
| 4 | Cathal O'Connor | I | 4:36.97 | | 5 | |
| 5 | Pauric McLaughlin | I | 4:37.46 | | 4 | |
| 6 | Graham Evans | S | 4:57.54 | | 3 | |
| 7 | Matthew Richards | W | 5:09.17 | | 2 | |
| 8 | Matthew Thomas | W | 5:09.52 | | 1 | |
| 3000m Walk (Boys) | | Country | Result | Wind +/- | Pts | Record |
| 1 | Liam Baldwin | E | 14:26.60 | +2.3 | 8 | 12:34.98 (1999) |
| 2 | Cian Mc Manamon | I | 14:47.54 | | 7 | |
| 3 | Jonathan Hobbs | E | 14:55.15 | | 6 | |
| 4 | Oisin Oliver | I | 15:16.23 | | 5 | |
| 5 | Sam Joseph | W | 18:51.63 | | 4 | |
| 6 | | | | | 3 | |
| 7 | | | | | 2 | |
| 8 | | | | | 1 | |
| 4x100m Relay (Boys) | | Country | Result | Wind +/- | Pts | Record |
| 1 | Kieran Showler-Davis, Deji Tobais, Rhion Samuel, William Ife | E | 42.44 | | 8 | 41.8 (1981) |
| 2 | Mark Kavanagh, Curtis Woods, Gerard Maguire, Ciaran Dolan | I | 44.03 | | 6 | |
| 3 | Jamie Milton, Callum Woods, Andrew McFarlane, Murray Bedworth | S | 44.82 | | 4 | |
| 4 | Tom Cusworth, Paul Bennett, Jamaul White, Tomas Coleman | W | DQ | | | |
| 4x400m Relay (Boys) | | Country | Result | Wind +/- | Pts | Record |
| 1 | Thomas Bensted, Jack Green, James Foreman, Benjamin Sturgess | E | 3:25.97 | | 8 | 3:14.4 (1996) |
| 2 | Adam Ingram, Joseph Dowling, Michael O'Sullivan, Tim Crowe | I | 3:31.33 | | 6 | |
| 3 | Connor Henderson, Michael Downie, Anthony Young, Stuart Ross | S | 3:32.47 | | 4 | |
| 4 | Ricky Watts, Antoine Woodman, Jack Wilson, Sam Conway | W | 3:32.77 | | 2 | |
| High Jump (Boys) | | Country | Result | Wind +/- | Pts | Record |
| 1 | Samuel Bailey | E | 2.00 | | 8 | 2.11 (1998) |
| 2 | John McCafferty | S | 1.95 | | 7 | |
| 3 | Onajita Okoro | E | 1.90 | | 6 | |
| 4 | Gary Plain | S | 1.90 | | 5 | |
| 5 | Ben Davies | W | 1.80 | | 4 | |
| 6 | Michael Healy | I | 1.80 | | 3 | |
| 7 | Michael O'Sullivan | I | 1.80 | | 2 | |
| 8 | Adam Davies | W | 1.80 | | 1 | |
| Long Jump (Boys) | | Country | Result | Wind +/- | Pts | Record |
| 1 | Dwyte Smith | E | 6.96 | +3.9 | 8 | 7.50 (2004) |
| 2 | Ciaran Dolan | I | 6.66 | +0.8 | 7 | |
| 3 | Rhys MacDonald | E | 6.63 | +5.2 | 6 | |
| 4 | Nathan Jege | I | 6.58 | +2.0 | 5 | |
| 5 | Max Martin | S | 6.00 | +2.7 | 4 | |
| 6 | Kyle Henderson | S | 5.96 | +3.4 | 3 | |
| 7 | Dominic Colman | W | 5.69 | +2.0 | 2 | |
| 8 | Gerwyn Morgan | W | Retired | | | |
| Pole Vault (Boys) | | Country | Result | Wind +/- | Pts | Record |
| 1 | Tim Parkin | E | 4.30 | | 8 | 5.10 (1996) |
| 2 | Cameron Walker Shephard | E | 4.30 | | 7 | |
| 3 | Lewis Newton | W | 4.20 | | 6 | |
| 4 | Gregor MacLean | S | 4.10 | | 5 | |
| 5 | Jax Thoires | S | 4.00 | | 4 | |
| 6 | Thomas Houlihan | I | 3.90 | | 3 | |
| 7 | Keith Doherty | I | 3.50 | | 2 | |
| 8 | Rob McGregor | W | 3.40 | | 1 | |

| Triple Jump (Boys) | | Country | Result | Wind +/- | Pts | Record |
|----------------------|-------------------|---------|--------|----------|-----|--------------|
| 1 | Benjamin Williams | E | 15.78 | +4.0 | 8 | 15.62 (2000) |
| 2 | Babatunde Amosu | E | 15.26 | +3.3 | 7 | |
| 3 | Shane Prout | I | 13.36 | +1.1 | 6 | |
| 4 | Dafydd Williams | W | 13.11 | +3.9 | 5 | |
| 5 | Ciaran Dolan | I | 12.61 | +2.4 | 4 | |
| 6 | Mathew Kerr | S | 12.33 | +3.8 | 3 | |
| 7 | David McMillan | S | 12.30 | +2.8 | 2 | |
| 8 | Sam Conway | W | 11.97 | +4.6 | 1 | |
| Discus Throw (Boys) | | Country | Result | Wind +/- | Pts | Record |
| 1 | Zane Duquemin | E | 53.62 | | 8 | 54.14 (1984) |
| 2 | Darragh Hanlon | I | 49.61 | | 7 | |
| 3 | Tomos Edwards | W | 46.27 | | 6 | |
| 4 | John McCafferty | S | 45.61 | | 5 | |
| 5 | Lawrence Okoye | E | 43.74 | | 4 | |
| 6 | James Fortune | W | 43.16 | | 3 | |
| 7 | Garreth Irvine | I | 40.35 | | 2 | |
| 8 | Kyle Randalls | S | 35.51 | | 1 | |
| Hammer Throw (Boys) | | Country | Result | Wind +/- | Pts | Record |
| 1 | Killian Barry | I | 57.95 | | 8 | 76.52 (2004) |
| 2 | Rhys Hodnett | W | 57.39 | | 7 | |
| 3 | Andrew Elkins | E | 55.07 | | 6 | |
| 4 | Kyle Randalls | S | 54.13 | | 5 | |
| 5 | Robert Dean | E | 53.92 | | 4 | |
| 6 | Conall Campion | I | 53.53 | | 3 | |
| 7 | Osian Jones | W | 49.31 | | 2 | |
| 8 | Andrew McLaughlan | S | 45.77 | | 1 | |
| Javelin Throw (Boys) | | Country | Result | Wind +/- | Pts | Record |
| 1 | Matti Mortimore | E | 64.30 | | 8 | 73.56 (1996) |
| 2 | Pieter Snyman | E | 60.60 | | 7 | |
| 3 | Jon Llewellyn | W | 50.30 | | 6 | |
| 4 | Thomas Morgan | W | 49.50 | | 5 | |
| 5 | Miles Paterson | S | 49.15 | | 4 | |
| 6 | Sean Ryder | I | 47.81 | | 3 | |
| 7 | Michael Downie | S | 45.78 | | 2 | |
| 8 | Matthew Ramsey | I | 44.10 | | 1 | |
| Shot Putt (Boys) | | Country | Result | Wind +/- | Pts | Record |
| 1 | Reece Thomas | E | 17.99 | | 8 | 19.96 (1996) |
| 2 | Anthony Oshodi | E | 17.97 | | 7 | |
| 3 | Tomos Edwards | W | 15.98 | | 6 | |
| 4 | Andrew Doyle | I | 15.16 | | 5 | |
| 5 | Rheon James | W | 14.94 | | 4 | |
| 6 | Shane Lynch | I | 14.84 | | 3 | |
| 7 | Andrew McLaughlan | S | 14.15 | | 2 | |
| 8 | Michael Downie | S | 13.02 | | 1 | |

| Position | Girls Teams | | Score |
|----------|-------------|-----------------------|-------|
| 1 | England | E | 229 |
| 2 | Ireland | I | 181 |
| 3 | Scotland | S | 97.5 |
| 4 | Wales | W | 134.5 |
| | | After 19 of 19 Events | |

| Position | Athlete | | | | | |
|----------------------|------------------------|----------------|---------------|-----------------|------------|----------------|
| 100m (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Joan Healy | I | 11.95 | +1.0 | 8 | 11.7 (1979) |
| 2 | Hannah Thomas | W | 11.98 | +1.0 | 7 | 11.5w (1985) |
| 3 | Mica Moore | W | 12.15 | +1.0 | 6 | |
| 4 | Clarice Underwood | E | 12.16 | +1.0 | 5 | |
| 5 | Hope Robertson | S | 12.28 | +1.0 | 4 | |
| 6 | Stephanie Creanor | I | 12.29 | +1.0 | 3 | |
| 7 | Katie Caulfield | E | 12.88 | +1.0 | 2 | |
| 8 | Lesley Campbell | S | 12.94 | +1.0 | 1 | |
| 200m (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Hannah Thomas | W | 24.34 | +1.2 | 8 | 23.99 (2004) |
| 2 | Jenny Batten | E | 24.46 | +1.2 | 7 | 23.6w (1980) |
| 3 | Kaneesha Johnson | E | 24.69 | +1.2 | 6 | |
| 4 | Joan Healy | I | 24.80 | +1.2 | 5 | |
| 5 | Sarah Lavin | I | 25.11 | +1.2 | 4 | |
| 6 | Mica Moore | W | 25.32 | +1.2 | 3 | |
| 7 | Hope Robertson | S | 25.35 | +1.2 | 2 | |
| 8 | Lesley Campbell | S | 26.35 | +1.2 | 1 | |
| 300m (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Amy Allcock | E | 39.57 | | 8 | 38.47 (2006) |
| 2 | Joanna Mills | I | 40.09 | | 7 | |
| 3 | Victoria Ohuruogu | E | 40.10 | | 6 | |
| 4 | Brigid Eades | W | 41.64 | | 5 | |
| 5 | Jennifer Hannah | S | 41.78 | | 4 | |
| 6 | Ruth Nic Dhiarmada | I | 42.62 | | 3 | |
| 7 | Diane Ramsay | S | 42.66 | | 2 | |
| 8 | Lauren Regan | W | 43.09 | | 1 | |
| 800m (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Rowena Cole | E | 2:12.28 | | 8 | 2:06.87 (2006) |
| 2 | Benytta Doman | W | 2:12.98 | | 7 | |
| 3 | Rebecca Linney | E | 2:14.04 | | 6 | |
| 4 | Gemma Cormack | S | 2:15.11 | | 5 | |
| 5 | Emily Stewart | S | 2:17.78 | | 4 | |
| 6 | Christine McMahon | I | 2:19.90 | | 3 | |
| 7 | Sasha Hooks | I | 2:23.64 | | 2 | |
| 8 | Lauren Bell | W | 2:25.67 | | 1 | |
| 1500m (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Beth Potter | S | 4:31.37 | | 8 | 4:20.0 (1984) |
| 2 | Sarah Kelly | S | 4:31.62 | | 7 | |
| 3 | Sophie Connors | E | 4:33.66 | | 6 | |
| 4 | Claire Dullaghan | E | 4:41.79 | | 5 | |
| 5 | Hywelis Thomas-Howells | W | 4:42.85 | | 4 | |
| 6 | Natasha Cockram | W | 4:45.53 | | 3 | |
| 7 | Ciara Mageean | I | 4:58.68 | | 2 | |
| 8 | Shannen Ryan | I | 5:12.60 | | 1 | |
| 3000m (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Isobel Brinsden | E | 9:56.58 | | 8 | 9:30.0 (1981) |
| 2 | Tara Jameson | I | 10:00.61 | | 7 | |
| 3 | Beth Carter | E | 10:02.75 | | 6 | |
| 4 | Einear Lack | I | 10:06.87 | | 5 | |
| 5 | Zoe Thomas | W | 10:32.13 | | 4 | |
| 6 | Claire MacAuley | S | 10:36.69 | | 3 | |
| 7 | Sarah Potter | S | 10:43.61 | | 2 | |
| 8 | Aneura Phillips | W | 10:44.73 | | 1 | |

| 80mH (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
|-----------------------------|---|----------------|---------------|-----------------|------------|----------------|
| 1 | Kirsty Warland | E | 11.29 | +1.3 | 8 | 11.16 (1981) |
| 2 | Chanel Taite | E | 11.29 | +1.3 | 7 | 11.0w (1985) |
| 3 | Catherine McManus | I | 11.50 | +1.3 | 6 | |
| 4 | Catrin Stone | W | 11.71 | +1.3 | 5 | |
| 5 | Aimee McNeilly | I | 11.74 | +1.3 | 4 | |
| 6 | Megan Rogers | W | 12.07 | +1.3 | 3 | |
| 7 | Augusta Carman | S | 12.23 | +1.3 | 2 | |
| 8 | Erin Froude | S | 12.28 | +1.3 | 1 | |
| 300mH (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Megan Rogers | W | 44.54 | | 8 | 41.98 (2003) |
| 2 | Jenny White | E | 44.85 | | 7 | |
| 3 | Claudia Rogers | E | 45.72 | | 6 | |
| 4 | Orla Finn | I | 46.82 | | 5 | |
| 5 | Rebecca Nolan | I | 47.35 | | 4 | |
| 6 | Ffion Rees | W | 48.06 | | 3 | |
| 7 | Megan Gaffney | S | 49.34 | | 2 | |
| 8 | Emma Gordon | S | 49.83 | | 1 | |
| 3000m Walk (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Fiona Dennehy | I | 15:34.42 | +2.3 | 8 | 14:09.7 (1998) |
| 2 | Lauren Whelan | E | 15:57.92 | +2.3 | 7 | |
| 3 | Emma Prindibhil | I | 16:14.89 | +2.3 | 6 | |
| 4 | Vicky Morgan | E | 16:51.25 | +2.3 | 5 | |
| 5 | | | | | 4 | |
| 6 | | | | | 3 | |
| 7 | | | | | 2 | |
| 8 | | | | | 1 | |
| 4x100m Relay (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Sarah Lavin, Stephanie Creanor, Jane Dickinson, Joan Healy | I | 47.25 | | 8 | 46.14 (2006) |
| 2 | Clarice Underwood, Jenny Batten, Kaneesha Johnson, Marilyn Nwawulor | E | 47.71 | | 6 | |
| 3 | Mica Moore, Jamie ?????, Claire Williams, Hannah Thomas | W | 48.96 | | 4 | |
| 4 | Erin Froude, Hope Robertson, Augusta Carman, Lesley Campbell | S | 49.90 | | 2 | |
| 4x300m Relay (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Victoria Ohuruogu, Rowena Cole, Jenny White, Amy Allcock | E | 2:44.46 | | 8 | 2:39.66 (1997) |
| 2 | Christine McMahon, Ruth Nic Dhiarmada, Orla Finn, Joanna Mills | I | 2:48.20 | | 6 | 2:39.66 (2004) |
| 3 | Lauren Regan, Catrin Thomas, Megan Rogers, Brigid Eades | W | 2:48.49 | | 4 | |
| 4 | Jade Barclay, Jennifer Hannah, Emma Gordon, Diane Ramsey | S | 2:52.36 | | 2 | |
| High Jump (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Katrina Thompson | E | 1.75 | | 8 | 1.88 (1984) |
| 2 | Marilyn Nwawulor | E | 1.70 | | 7 | |
| 3 | Mary Kate Lanigan | I | 1.65 | | 6 | |
| 4 | Ellie Workman | S | 1.65 | | 5 | |
| 5 | Jamie Heron | I | 1.60 | | 4 | |
| 6 | Sian Swanson | W | 1.60 | | 2.5 | |
| 7 | Amy Barrows | S | 1.55 | | 2.5 | |
| 8 | Stacey Collins | W | 1.55 | | 1 | |
| Long Jump (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Sally Rose Maughan | I | 5.87 | +2.5 | 8 | 6.31 (1984) |
| 2 | Joanna Mills | I | 5.79 | +2.4 | 7 | |
| 3 | Harriet James | E | 5.55 | +1.9 | 6 | |
| 4 | Faye Nicholson | S | 5.44 | +2.0 | 5 | |
| 5 | Sarah Otung | W | 5.34 | +3.4 | 4 | |
| 6 | Lauren O'Reilly | W | 5.27 | +2.1 | 3 | |
| 7 | Laurie McKenna | S | 5.26 | +2.7 | 2 | |
| 8 | Katie Caulfield | E | 5.23 | +4.8 | 1 | |

| Pole Vault (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
|------------------------------|---------------------|----------------|---------------|-----------------|------------|---------------|
| 1 | Christina Hughes | W | 3.60 | | 8 | 3.70 (2003) |
| 2= | Ellie Besford | E | 3.40 | | 6.5 | |
| 2= | Lucy Strickland | E | 3.40 | | 6.5 | |
| 4 | Rebecca Davies | W | 3.20 | | 5 | |
| 5 | Amy Grant | S | 3.00 | | 4 | |
| 6 | Nikita Savage | I | 2.85 | | 3 | |
| 7 | Lucy Dugan | I | 2.70 | | 2 | |
| 8 | Isla Winchester | S | 2.55 | | 1 | |
| Triple Jump (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Gemma Smith | E | 11.93 | 3.2 | 8 | 12.16 (2005) |
| 2 | Jade Attoh | E | 11.82 | 2.7 | 7 | 12.27w (2001) |
| 3 | Aoife Bartley | I | 11.32 | 4.3 | 6 | |
| 4 | Caoimhe King | I | 11.11 | 2.9 | 5 | |
| 5 | Amy Bradley | W | 10.94 | 2.9 | 4 | |
| 6 | Susan Peddie | S | 10.94 | 2.0 | 3 | |
| 7 | Ffion Rees | W | 10.56 | 5.3 | 2 | |
| 8 | Judith McNicol | S | 10.19 | 3.4 | 1 | |
| Discus Throw (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Clare Fitzgerald | I | 42.88 | | 8 | 45.87 (1998) |
| 2 | Julie Walkden | E | 42.12 | | 7 | |
| 3 | Brea Leung | W | 35.90 | | 6 | |
| 4 | Rachel Tyler | E | 34.18 | | 5 | |
| 5 | Zoe Scanlon | I | 33.56 | | 4 | |
| 6 | Rebecca Chin | W | 33.30 | | 3 | |
| 7 | Collete Irvine | S | 31.81 | | 2 | |
| 8 | Melissa Durbridge | S | 26.99 | | 1 | |
| Hammer Throw (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Gabrielle McNally | I | 48.61 | | 8 | 49.73 (2001) |
| 2 | Myra Perkins | S | 47.82 | | 7 | |
| 3 | Kayleigh Mills | E | 46.58 | | 6 | |
| 4 | Helen Broadbridge | E | 44.15 | | 5 | |
| 5 | Toni Wells | W | 42.17 | | 4 | |
| 6 | Charlotte O'Farrell | I | 40.95 | | 3 | |
| 7 | Ayla Phillips | W | 34.99 | | 2 | |
| 8 | Kate Turnbull | S | 33.92 | | 1 | |
| Javelin Throw (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Izzy Jeffs | E | 43.49 | | 8 | 42.31 (2002) |
| 2 | Danielle Anderson | E | 42.69 | | 7 | |
| 3 | Mary Wilson | W | 34.93 | | 6 | |
| 4 | Grace O'Sullivan | I | 34.78 | | 5 | |
| 5 | Mary Moynihan | I | 34.26 | | 4 | |
| 6 | Zoe Priestly | W | 33.98 | | 3 | |
| 7 | Ellie Workman | S | 28.72 | | 2 | |
| 8 | Collete Irvine | S | 27.89 | | 1 | |
| Shot Putt (Girls) | | Country | Result | Wind +/- | Pts | <i>Record</i> |
| 1 | Yasmin Spencer | E | 12.53 | | 8 | 14.26 (1986) |
| 2 | Clare Fitzgerald | I | 12.38 | | 7 | |
| 3 | Amber Merrills | E | 11.67 | | 6 | |
| 4 | Kirsty Yates | S | 11.54 | | 5 | |
| 5 | Ailish Sheehan | I | 10.43 | | 4 | |
| 6 | Toni Wells | W | 10.09 | | 3 | |
| 7 | Lisa Robertson | S | 9.47 | | 2 | |
| 8 | Zoe Walters | W | 9.43 | | 1 | |